

Antioch, CA - Nov 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			12:31	3.7	6:32	0.1	7:11	0.2	6:32	5:08	
2	Fri	12:55	3.2	1:08	3.9	7:16	0.2	8:06	-0.1	6:33	5:07	
3	Sat	1:53	3.1	1:43	4.0	8:00	0.4	9:00	-0.3	6:34	5:06	
4	Sun	2:51	3.0	2:18	4.0	8:43	0.6	9:52	-0.4	6:35	5:05	
5	Mon	3:49	3.0	2:53	4.0	9:28	0.8	10:43	-0.5	6:37	5:04	
6	Tue	4:47	2.9	3:30	3.9	10:13	1.0	11:33	-0.5	6:38	5:03	
7	Wed	5:46	2.9	4:10	3.8	11:01	1.1			6:39	5:02	
8	Thu	6:43	2.9	4:55	3.6	12:23	-0.5	11:53 AM	1.2	6:40	5:01	
9	Fri	7:40	3.0	5:49	3.4	1:13	-0.4	12:49	1.3	6:41	5:00	
10	Sat	8:35	3.1	6:58	3.2	2:05	-0.3	1:51	1.3	6:42	5:00	
11	Sun	9:28	3.2	8:23	3.0	2:56	-0.1	2:57	1.3	6:43	4:59	
12	Mon	10:16	3.3	9:39	2.9	3:46	0.0	4:02	1.1	6:44	4:58	
13	Tue	11:01	3.5	10:42	2.9	4:32	0.1	5:04	0.8	6:45	4:57	
14	Wed	11:41	3.6	11:38	2.8	5:15	0.2	6:00	0.6	6:46	4:56	
15	Thu			12:17	3.7	5:53	0.4	6:51	0.3	6:47	4:55	
16	Fri	12:30	2.8	12:47	3.7	6:29	0.5	7:38	0.1	6:48	4:55	
17	Sat	1:20	2.8	1:09	3.7	7:02	0.7	8:24	-0.1	6:49	4:54	
18	Sun	2:08	2.7	1:24	3.8	7:35	0.8	9:07	-0.2	6:50	4:53	
19	Mon	2:57	2.7	1:42	3.9	8:09	1.0	9:50	-0.3	6:52	4:53	
20	Tue	3:47	2.7	2:12	4.0	8:47	1.1	10:32	-0.4	6:53	4:52	
21	Wed	4:37	2.7	2:49	4.1	9:29	1.1	11:15	-0.5	6:54	4:52	
22	Thu	5:27	2.8	3:33	4.1	10:17	1.2	11:58	-0.5	6:55	4:51	
23	Fri	6:19	2.8	4:21	4.0	11:10	1.2			6:56	4:51	
24	Sat	7:12	2.9	5:15	3.8	12:45	-0.4	12:10	1.3	6:57	4:50	
25	Sun	8:05	3.0	6:18	3.5	1:34	-0.3	1:20	1.2	6:58	4:50	
26	Mon	8:58	3.2	7:41	3.2	2:27	-0.2	2:37	1.1	6:59	4:49	
27	Tue	9:49	3.4	9:23	3.0	3:21	-0.1	3:53	0.9	7:00	4:49	
28	Wed	10:36	3.7	10:44	2.9	4:14	0.0	5:04	0.6	7:01	4:49	
29	Thu	11:20	3.9	11:51	2.9	5:05	0.2	6:08	0.2	7:02	4:48	
30	Fri			12:00	4.0	5:54	0.4	7:07	-0.1	7:03	4:48	