

Antioch, CA - Dec 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:03	2.7	3:32	4.1	10:19	1.6			7:04	4:48	
2	Sat	6:47	2.8	4:21	3.9	12:11	-0.5	11:12 AM	1.6	7:05	4:47	
3	Sun	7:30	2.9	5:15	3.7	12:49	-0.4	12:11	1.6	7:06	4:47	
4	Mon	8:12	3.0	6:18	3.4	1:29	-0.3	1:18	1.5	7:07	4:47	
5	Tue	8:53	3.2	7:36	3.1	2:12	-0.2	2:33	1.3	7:08	4:47	
6	Wed	9:31	3.5	9:15	2.8	2:55	0.1	3:50	1.0	7:09	4:47	
7	Thu	10:06	3.8	10:42	2.6	3:40	0.3	5:02	0.5	7:10	4:47	
8	Fri	10:41	4.0	11:55	2.6	4:25	0.6	6:08	0.1	7:11	4:47	
9	Sat	11:17	4.3			5:11	0.8	7:08	-0.3	7:11	4:47	
10	Sun	1:01	2.5	11:55 AM	4.5	5:59	1.1	8:04	-0.6	7:12	4:47	
11	Mon	2:03	2.6	12:36	4.6	6:51	1.3	8:57	-0.8	7:13	4:47	
12	Tue	3:03	2.6	1:19	4.6	7:45	1.4	9:48	-0.9	7:14	4:48	
13	Wed	4:00	2.7	2:06	4.5	8:42	1.5	10:36	-0.9	7:14	4:48	
14	Thu	4:55	2.8	2:54	4.4	9:40	1.5	11:22	-0.8	7:15	4:48	
15	Fri	5:46	2.9	3:45	4.1	10:38	1.5			7:16	4:48	
16	Sat	6:35	3.1	4:39	3.8	12:05	-0.7	11:37 AM	1.5	7:16	4:49	
17	Sun	7:23	3.2	5:39	3.5	12:47	-0.5	12:39	1.5	7:17	4:49	
18	Mon	8:10	3.4	6:52	3.1	1:27	-0.2	1:46	1.4	7:18	4:49	
19	Tue	8:55	3.6	8:16	2.8	2:07	0.1	2:57	1.2	7:18	4:50	
20	Wed	9:38	3.7	9:36	2.5	2:46	0.4	4:09	1.0	7:19	4:50	
21	Thu	10:18	3.9	10:47	2.4	3:25	0.7	5:15	0.6	7:19	4:51	
22	Fri	10:55	4.0	11:51	2.4	4:04	1.0	6:14	0.2	7:20	4:51	
23	Sat	11:27	4.0			4:45	1.2	7:06	-0.1	7:20	4:52	
24	Sun	12:50	2.4	11:54 AM	4.1	5:26	1.4	7:53	-0.3	7:21	4:52	
25	Mon	1:45	2.5	12:16	4.1	6:10	1.6	8:36	-0.4	7:21	4:53	
26	Tue	2:36	2.6	12:41	4.2	6:56	1.7	9:17	-0.5	7:21	4:54	
27	Wed	3:24	2.7	1:14	4.2	7:43	1.7	9:55	-0.5	7:22	4:54	
28	Thu	4:09	2.8	1:53	4.3	8:32	1.7	10:31	-0.5	7:22	4:55	
29	Fri	4:51	2.9	2:36	4.3	9:20	1.7	11:05	-0.5	7:22	4:56	
30	Sat	5:29	3.0	3:22	4.2	10:10	1.6	11:38	-0.5	7:23	4:56	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sun	6:06	3.1	4:12	4.1	11:02	1.6			7:23	4:57	