

Antioch, CA - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:30	3.3	5:03	3.8	12:04	-0.3	11:56 AM	1.4	7:23	4:58	
2	Tue	7:04	3.5	6:04	3.3	12:37	-0.1	1:02	1.3	7:23	4:59	
3	Wed	7:40	3.7	7:26	2.9	1:13	0.2	2:18	1.1	7:23	5:00	
4	Thu	8:21	3.9	9:13	2.6	1:53	0.5	3:39	0.9	7:23	5:01	
5	Fri	9:07	4.2	10:41	2.5	2:39	0.8	4:56	0.5	7:23	5:01	
6	Sat	9:55	4.4	11:54	2.5	3:34	1.1	6:04	0.1	7:23	5:02	
7	Sun	10:45	4.5			4:35	1.3	7:03	-0.2	7:23	5:03	
8	Mon	12:59	2.6	11:34 AM	4.6	5:39	1.5	7:57	-0.5	7:23	5:04	
9	Tue	1:58	2.7	12:24	4.6	6:42	1.6	8:46	-0.6	7:23	5:05	
10	Wed	2:52	2.9	1:12	4.5	7:42	1.6	9:32	-0.7	7:23	5:06	
11	Thu	3:43	3.0	2:01	4.4	8:40	1.6	10:14	-0.6	7:23	5:07	
12	Fri	4:31	3.1	2:49	4.3	9:35	1.6	10:53	-0.5	7:22	5:08	
13	Sat	5:15	3.3	3:38	4.1	10:30	1.6	11:29	-0.3	7:22	5:09	
14	Sun	5:57	3.4	4:29	3.8	11:25	1.5			7:22	5:10	
15	Mon	6:37	3.5	5:25	3.4	12:02	-0.1	12:22	1.5	7:21	5:11	
16	Tue	7:16	3.6	6:34	3.0	12:33	0.2	1:24	1.4	7:21	5:12	
17	Wed	7:55	3.8	7:55	2.7	1:03	0.5	2:31	1.2	7:21	5:13	
18	Thu	8:35	3.9	9:15	2.5	1:35	0.8	3:40	0.9	7:20	5:14	
19	Fri	9:16	4.0	10:27	2.5	2:13	1.1	4:47	0.6	7:20	5:15	
20	Sat	9:57	4.1	11:31	2.6	3:00	1.4	5:46	0.3	7:19	5:16	
21	Sun	10:36	4.1			3:55	1.6	6:38	0.0	7:19	5:17	
22	Mon	12:28	2.7	11:14 AM	4.2	4:53	1.7	7:24	-0.2	7:18	5:19	
23	Tue	1:19	2.8	11:50 AM	4.3	5:49	1.7	8:05	-0.3	7:18	5:20	
24	Wed	2:05	2.9	12:26	4.4	6:41	1.7	8:44	-0.4	7:17	5:21	
25	Thu	2:48	3.0	1:05	4.5	7:31	1.7	9:19	-0.4	7:16	5:22	
26	Fri	3:27	3.1	1:47	4.5	8:19	1.6	9:53	-0.3	7:16	5:23	
27	Sat	4:02	3.2	2:30	4.4	9:08	1.5	10:24	-0.3	7:15	5:24	
28	Sun	4:33	3.3	3:17	4.3	9:57	1.4	10:54	-0.1	7:14	5:25	
29	Mon	5:01	3.5	4:06	4.0	10:50	1.3	11:24	0.1	7:14	5:26	
30	Tue	5:28	3.7	5:01	3.6	11:48	1.1	11:56	0.3	7:13	5:28	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Wed	5:59	4.0	6:09	3.1			12:55	1.0	7:12	5:29	