

Antioch, CA - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:06	4.3	6:34	2.9			12:48	0.6	6:38	6:00	
2	Fri	5:51	4.3	8:00	2.7	12:01	0.9	2:01	0.5	6:37	6:01	
3	Sat	6:46	4.3	9:21	2.6	12:53	1.2	3:17	0.4	6:35	6:02	
4	Sun	7:56	4.2	10:31	2.7	1:59	1.4	4:29	0.2	6:34	6:03	
5	Mon	9:19	4.1	11:33	2.9	3:17	1.5	5:32	0.0	6:32	6:04	
6	Tue	10:34	4.1			4:34	1.5	6:26	-0.2	6:31	6:05	
7	Wed	12:26	3.1	11:35 AM	4.1	5:42	1.4	7:13	-0.2	6:30	6:06	
8	Thu	1:14	3.3	12:28	4.1	6:42	1.3	7:54	-0.2	6:28	6:07	
9	Fri	1:58	3.5	1:15	4.0	7:37	1.2	8:31	-0.1	6:27	6:08	
10	Sat	2:38	3.5	2:00	3.8	8:28	1.1	9:05	0.1	6:25	6:09	
11	Sun	3:13	3.6	2:45	3.6	9:17	1.0	9:34	0.4	6:24	6:10	
12	Mon	3:43	3.6	3:31	3.4	10:05	0.9	10:00	0.6	6:22	6:11	
13	Tue	4:06	3.6	4:20	3.2	10:51	0.8	10:23	0.8	6:21	6:12	
14	Wed	4:20	3.7	5:15	2.9	11:39	0.8	10:45	1.0	6:19	6:13	
15	Thu	4:32	3.8	6:17	2.8			12:29	0.7	6:18	6:14	
16	Fri	4:58	3.8	7:24	2.6			1:23	0.6	6:16	6:15	
17	Sat	5:35	3.9	8:33	2.6			2:23	0.5	6:15	6:16	
18	Sun	6:23	3.8	9:36	2.7	12:43	1.5	3:25	0.4	6:13	6:17	
19	Mon	7:25	3.8	10:34	2.8	1:46	1.6	4:24	0.2	6:11	6:18	
20	Tue	8:42	3.8	11:24	2.9	2:58	1.7	5:16	0.1	6:10	6:18	
21	Wed	10:00	3.8			4:09	1.6	6:01	0.0	6:08	6:19	
22	Thu	12:07	3.0	11:03 AM	3.9	5:12	1.4	6:42	-0.1	6:07	6:20	
23	Fri	12:45	3.2	11:57 AM	4.0	6:09	1.2	7:19	0.0	6:05	6:21	
24	Sat	1:17	3.3	12:48	3.9	7:03	0.9	7:54	0.1	6:04	6:22	
25	Sun	1:44	3.5	1:39	3.8	7:56	0.7	8:26	0.3	6:02	6:23	
26	Mon	2:08	3.7	2:32	3.6	8:49	0.4	8:59	0.4	6:01	6:24	
27	Tue	2:34	3.9	3:28	3.3	9:43	0.2	9:32	0.6	5:59	6:25	
28	Wed	3:05	4.2	4:29	3.1	10:39	0.1	10:09	0.8	5:58	6:26	
29	Thu	3:43	4.3	5:36	2.8	11:37	0.0	10:52	1.0	5:56	6:27	
30	Fri	4:26	4.4	6:48	2.7			12:40	0.0	5:55	6:28	
31	Sat	5:17	4.2	8:01	2.6			1:47	0.0	5:53	6:29	