
























## Antioch, CA - Apr 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:18	4.0	10:10	2.7	12:46	1.3	3:55	0.0	6:52	7:30	
2	Mon	8:39	3.8	11:12	2.9	3:00	1.4	5:01	-0.1	6:50	7:31	
3	Tue	10:12	3.7			4:18	1.4	5:59	-0.1	6:49	7:31	
4	Wed	12:08	3.1	11:27 AM	3.6	5:32	1.2	6:50	-0.2	6:47	7:32	
5	Thu	12:57	3.4	12:28	3.6	6:38	1.0	7:34	-0.1	6:46	7:33	
6	Fri	1:41	3.5	1:21	3.5	7:37	0.8	8:13	0.0	6:44	7:34	
7	Sat	2:21	3.6	2:09	3.3	8:30	0.7	8:48	0.2	6:43	7:35	
8	Sun	2:56	3.6	2:56	3.2	9:20	0.5	9:20	0.5	6:41	7:36	
9	Mon	3:25	3.6	3:44	3.0	10:08	0.4	9:47	0.7	6:40	7:37	
10	Tue	3:46	3.6	4:33	2.9	10:53	0.3	10:12	0.9	6:38	7:38	
11	Wed	3:57	3.6	5:23	2.7	11:37	0.2	10:36	1.1	6:37	7:39	
12	Thu	4:08	3.7	6:16	2.7			12:20	0.2	6:35	7:40	
13	Fri	4:33	3.8	7:12	2.6			1:04	0.1	6:34	7:41	
14	Sat	5:08	3.8	8:10	2.6			1:51	0.1	6:32	7:42	
15	Sun	5:51	3.8	9:09	2.6	12:27	1.4	2:42	0.1	6:31	7:43	
16	Mon	6:42	3.7	10:05	2.7	1:22	1.5	3:35	0.1	6:30	7:43	
17	Tue	7:42	3.6	10:56	2.8	2:25	1.6	4:29	0.0	6:28	7:44	
18	Wed	8:57	3.5	11:42	2.9	3:37	1.5	5:20	0.0	6:27	7:45	
19	Thu	10:24	3.4			4:49	1.3	6:06	0.0	6:25	7:46	
20	Fri	12:21	3.1	11:39 AM	3.4	5:55	1.0	6:47	0.1	6:24	7:47	
21	Sat	12:54	3.3	12:42	3.4	6:56	0.7	7:25	0.2	6:23	7:48	
22	Sun	1:21	3.5	1:41	3.3	7:53	0.4	8:01	0.4	6:21	7:49	
23	Mon	1:47	3.7	2:38	3.1	8:48	0.0	8:37	0.6	6:20	7:50	
24	Tue	2:14	4.0	3:37	3.0	9:43	-0.2	9:14	0.8	6:19	7:51	
25	Wed	2:47	4.2	4:37	2.8	10:38	-0.4	9:55	0.9	6:18	7:52	
26	Thu	3:25	4.4	5:40	2.7	11:34	-0.5	10:42	1.1	6:16	7:53	
27	Fri	4:09	4.4	6:43	2.6			12:30	-0.6	6:15	7:54	
28	Sat	4:58	4.3	7:46	2.7			1:27	-0.5	6:14	7:55	
29	Sun	5:54	4.0	8:49	2.7	12:35	1.2	2:26	-0.4	6:13	7:56	
30	Mon	6:59	3.7	9:49	2.9	1:42	1.3	3:24	-0.3	6:11	7:56	