US HARBORS www.USHarbors.com

Antioch, CA - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:31	2.5	11:35	4.0	5:54	0.5	4:48	1.1	5:48	8:33	
2	Mon			12:36	2.5	6:55	0.2	5:35	1.3	5:48	8:33	
3	Tue	12:13	4.1	1:34	2.6	7:48	-0.1	6:22	1.5	5:49	8:33	
4	Wed	12:46	4.1	2:27	2.7	8:36	-0.3	7:09	1.6	5:49	8:33	
5	Thu	1:15	4.1	3:16	2.8	9:19	-0.4	7:55	1.7	5:50	8:33	
6	Fri	1:42	4.1	4:02	2.9	9:59	-0.4	8:41	1.7	5:50	8:33	
7	Sat	2:11	4.2	4:45	2.9	10:36	-0.4	9:26	1.7	5:51	8:32	
8	Sun	2:45	4.2	5:24	3.0	11:10	-0.4	10:10	1.7	5:52	8:32	
9	Mon	3:24	4.2	6:00	3.1	11:42	-0.4	10:56	1.6	5:52	8:32	
10	Tue	4:07	4.2	6:33	3.2			12:12	-0.3	5:53	8:31	
11	Wed	4:53	4.0	7:02	3.4			12:41	-0.2	5:53	8:31	
12	Thu	5:43	3.8	7:29	3.5	12:34	1.4	1:11	0.0	5:54	8:31	
13	Fri	6:39	3.4	7:59	3.7	1:32	1.3	1:43	0.2	5:55	8:30	
14	Sat	7:52	3.0	8:37	3.9	2:41	1.1	2:21	0.5	5:55	8:30	
15	Sun	9:36	2.7	9:22	4.1	4:00	0.9	3:05	0.9	5:56	8:29	
16	Mon	11:10	2.5	10:13	4.3	5:19	0.6	3:58	1.2	5:57	8:29	
17	Tue			12:26	2.6	6:30	0.3	5:00	1.4	5:58	8:28	
18	Wed			1:31	2.7	7:33	-0.1	6:07	1.5	5:58	8:28	
19	Thu	12:03	4.6	2:29	2.8	8:29	-0.3	7:14	1.6	5:59	8:27	
20	Fri	12:57	4.6	3:23	2.9	9:19	-0.5	8:16	1.6	6:00	8:26	
21	Sat	1:50	4.6	4:12	3.0	10:05	-0.5	9:15	1.5	6:01	8:26	
22	Sun	2:42	4.5	4:59	3.2	10:48	-0.5	10:12	1.5	6:02	8:25	
23	Mon	3:33	4.4	5:44	3.3	11:28	-0.4	11:08	1.4	6:02	8:24	
24	Tue	4:25	4.2	6:26	3.5			12:05	-0.2	6:03	8:23	
25	Wed	5:17	3.9	7:06	3.6	12:04	1.4	12:40	0.0	6:04	8:23	
26	Thu	6:15	3.5	7:45	3.7	1:01	1.3	1:12	0.3	6:05	8:22	
27	Fri	7:23	3.1	8:24	3.8	2:02	1.2	1:44	0.6	6:06	8:21	
28	Sat	8:40	2.8	9:06	3.9	3:08	1.1	2:18	1.0	6:06	8:20	
29	Sun	9:58	2.6	9:50	3.9	4:17	0.9	2:57	1.3	6:07	8:19	
30	Mon	11:10	2.6	10:37	4.0	5:25	0.6	3:47	1.5	6:08	8:18	
31	Tue			12:15	2.7	6:27	0.3	4:47	1.7	6:09	8:17	