US HARBORS www.USHarbors.com

Antioch, CA - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			1:11	2.8	7:21	0.1	5:48	1.8	6:10	8:16	
2	Thu	12:08	4.1	2:02	2.9	8:07	-0.1	6:45	1.8	6:11	8:15	
3	Fri	12:48	4.2	2:47	3.0	8:49	-0.2	7:37	1.7	6:11	8:14	
4	Sat	1:25	4.2	3:29	3.1	9:27	-0.3	8:26	1.7	6:12	8:13	
5	Sun	2:01	4.3	4:07	3.2	10:01	-0.2	9:12	1.6	6:13	8:12	
6	Mon	2:39	4.3	4:41	3.3	10:34	-0.2	9:57	1.5	6:14	8:11	
7	Tue	3:20	4.2	5:10	3.4	11:03	-0.1	10:43	1.3	6:15	8:10	
8	Wed	4:03	4.1	5:33	3.6	11:32	0.0	11:31	1.2	6:16	8:09	
9	Thu	4:50	3.9	5:55	3.8	11:59	0.2			6:17	8:08	
10	Fri	5:41	3.6	6:22	4.0	12:23	1.1	12:29	0.4	6:18	8:07	
11	Sat	6:44	3.2	6:57	4.2	1:22	1.0	1:02	0.7	6:18	8:05	
12	Sun	8:10	2.8	7:41	4.3	2:32	0.9	1:43	1.0	6:19	8:04	
13	Mon	9:47	2.6	8:36	4.3	3:49	0.7	2:34	1.2	6:20	8:03	
14	Tue	11:09	2.6	9:41	4.3	5:08	0.5	3:39	1.5	6:21	8:02	
15	Wed			12:19	2.7	6:18	0.2	4:56	1.6	6:22	8:00	
16	Thu			1:18	2.9	7:18	0.0	6:11	1.6	6:23	7:59	
17	Fri	12:00	4.4	2:11	3.1	8:10	-0.2	7:17	1.6	6:24	7:58	
18	Sat	1:00	4.4	2:59	3.2	8:57	-0.3	8:17	1.5	6:25	7:57	
19	Sun	1:54	4.3	3:43	3.4	9:39	-0.3	9:13	1.4	6:25	7:55	
20	Mon	2:44	4.2	4:25	3.5	10:17	-0.2	10:06	1.3	6:26	7:54	
21	Tue	3:32	4.1	5:03	3.6	10:53	0.0	10:59	1.2	6:27	7:53	
22	Wed	4:21	3.8	5:37	3.6	11:25	0.3	11:50	1.1	6:28	7:51	
23	Thu	5:13	3.6	6:07	3.7	11:54	0.5			6:29	7:50	
24	Fri	6:09	3.3	6:33	3.8	12:43	1.0	12:21	0.8	6:30	7:48	
25	Sat	7:14	3.0	6:56	3.8	1:38	0.9	12:48	1.1	6:31	7:47	
26	Sun	8:26	2.8	7:26	3.8	2:38	0.8	1:20	1.3	6:31	7:46	
27	Mon	9:39	2.7	8:09	3.8	3:42	0.7	2:04	1.5	6:32	7:44	
28	Tue	10:47	2.7	9:11	3.8	4:48	0.5	3:03	1.7	6:33	7:43	
29	Wed	11:48	2.8	10:25	3.8	5:49	0.3	4:14	1.8	6:34	7:41	
30	Thu			12:41	3.0	6:42	0.1	5:23	1.8	6:35	7:40	
31	Fri			1:28	3.1	7:28	0.0	6:25	1.7	6:36	7:38	