

































Antioch, CA - Aug 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:41	4.6	5:46	3.4	11:34	-0.4	11:17	1.2	6:10	8:16	
2	Wed	4:37	4.4	6:32	3.5			12:15	-0.2	6:11	8:15	
3	Thu	5:35	4.1	7:18	3.7	12:16	1.2	12:56	0.0	6:12	8:14	
4	Fri	6:39	3.7	8:05	3.8	1:16	1.1	1:36	0.2	6:13	8:13	
5	Sat	7:51	3.4	8:54	3.9	2:21	1.1	2:19	0.5	6:14	8:12	
6	Sun	9:08	3.1	9:46	4.0	3:30	0.9	3:04	0.8	6:15	8:11	
7	Mon	10:23	2.9	10:37	4.0	4:40	0.8	3:55	1.1	6:15	8:09	
8	Tue	11:31	2.9	11:27	4.1	5:48	0.5	4:50	1.3	6:16	8:08	
9	Wed			12:33	3.0	6:48	0.2	5:46	1.5	6:17	8:07	
10	Thu	12:13	4.1	1:28	3.1	7:40	0.0	6:40	1.6	6:18	8:06	
11	Fri	12:54	4.1	2:18	3.2	8:27	-0.1	7:30	1.6	6:19	8:05	
12	Sat	1:31	4.1	3:03	3.2	9:08	-0.2	8:16	1.6	6:20	8:04	
13	Sun	2:04	4.1	3:46	3.3	9:46	-0.2	9:01	1.6	6:21	8:02	
14	Mon	2:34	4.1	4:25	3.3	10:21	-0.1	9:43	1.6	6:22	8:01	
15	Tue	3:05	4.1	5:00	3.4	10:53	0.0	10:24	1.5	6:22	8:00	
16	Wed	3:38	4.0	5:31	3.4	11:22	0.0	11:05	1.4	6:23	7:58	
17	Thu	4:16	4.0	5:56	3.5	11:49	0.1	11:47	1.3	6:24	7:57	
18	Fri	4:59	3.8	6:16	3.6			12:16	0.3	6:25	7:56	
19	Sat	5:47	3.6	6:38	3.7	12:33	1.2	12:46	0.4	6:26	7:54	
20	Sun	6:45	3.3	7:11	3.9	1:26	1.2	1:21	0.6	6:27	7:53	
21	Mon	8:06	3.0	7:54	4.0	2:32	1.1	2:03	0.9	6:28	7:52	
22	Tue	9:48	2.8	8:47	4.1	3:48	0.9	2:55	1.1	6:29	7:50	
23	Wed	11:10	2.8	9:48	4.2	5:05	0.7	3:58	1.3	6:29	7:49	
24	Thu			12:17	2.9	6:14	0.4	5:08	1.4	6:30	7:48	
25	Fri			1:15	3.0	7:14	0.1	6:17	1.4	6:31	7:46	
26	Sat			2:08	3.1	8:07	-0.1	7:21	1.4	6:32	7:45	
27	Sun	12:57	4.5	2:56	3.3	8:55	-0.2	8:21	1.3	6:33	7:43	
28	Mon	1:53	4.5	3:42	3.4	9:40	-0.3	9:18	1.1	6:34	7:42	
29	Tue	2:47	4.4	4:25	3.5	10:22	-0.2	10:13	1.0	6:35	7:40	
30	Wed	3:41	4.2	5:07	3.6	11:02	-0.1	11:08	0.9	6:35	7:39	
31	Thu	4:36	4.0	5:48	3.7	11:41	0.1			6:36	7:37	