



























Antioch, CA - Oct 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:32	3.1	5:53	3.7	12:44	0.2	12:13	0.9	7:03	6:49	
2	Mon	7:35	2.9	6:24	3.6	1:38	0.2	12:52	1.2	7:04	6:48	
3	Tue	8:40	2.8	7:04	3.5	2:34	0.2	1:38	1.4	7:05	6:46	
4	Wed	9:44	2.8	8:02	3.4	3:33	0.2	2:34	1.5	7:06	6:45	
5	Thu	10:44	2.9	9:26	3.3	4:33	0.1	3:40	1.6	7:07	6:43	
6	Fri	11:38	3.1	10:45	3.3	5:28	0.0	4:48	1.5	7:08	6:42	
7	Sat			12:26	3.2	6:19	-0.1	5:51	1.4	7:08	6:40	
8	Sun			1:10	3.3	7:03	-0.1	6:47	1.2	7:09	6:39	
9	Mon	12:38	3.4	1:48	3.4	7:43	-0.1	7:38	1.0	7:10	6:37	
10	Tue	1:24	3.4	2:23	3.5	8:19	0.0	8:26	0.8	7:11	6:36	
11	Wed	2:08	3.4	2:51	3.5	8:52	0.1	9:11	0.6	7:12	6:34	
12	Thu	2:52	3.3	3:13	3.6	9:24	0.3	9:56	0.4	7:13	6:33	
13	Fri	3:37	3.2	3:31	3.7	9:54	0.4	10:41	0.2	7:14	6:32	
14	Sat	4:26	3.1	3:53	3.9	10:26	0.6	11:27	0.1	7:15	6:30	
15	Sun	5:19	3.0	4:25	4.0	11:00	0.7			7:16	6:29	
16	Mon	6:18	2.8	5:03	4.1	12:16	0.0	11:40 AM	0.9	7:17	6:27	
17	Tue	7:24	2.7	5:49	4.1	1:09	-0.1	12:27	1.1	7:18	6:26	
18	Wed	8:34	2.7	6:41	4.0	2:07	-0.1	1:24	1.2	7:19	6:25	
19	Thu	9:41	2.8	7:44	3.8	3:11	-0.1	2:33	1.3	7:20	6:23	
20	Fri	10:43	2.9	9:05	3.5	4:16	-0.1	3:51	1.3	7:21	6:22	
21	Sat	11:39	3.1	10:37	3.4	5:18	-0.1	5:07	1.1	7:22	6:21	
22	Sun			12:30	3.3	6:14	-0.2	6:16	0.9	7:23	6:19	
23	Mon			1:16	3.5	7:04	-0.1	7:18	0.6	7:24	6:18	
24	Tue	12:56	3.4	1:58	3.6	7:49	-0.1	8:16	0.4	7:25	6:17	
25	Wed	1:53	3.3	2:36	3.7	8:31	0.1	9:10	0.2	7:26	6:16	
26	Thu	2:47	3.2	3:11	3.7	9:10	0.3	10:01	0.0	7:27	6:14	
27	Fri	3:41	3.1	3:41	3.7	9:48	0.6	10:51	-0.1	7:28	6:13	
28	Sat	4:36	2.9	4:05	3.7	10:24	0.8	11:40	-0.2	7:29	6:12	
29	Sun	4:31	2.8	3:26	3.7	9:59	1.0	11:27	-0.2	6:30	5:11	
30	Mon	5:28	2.8	3:50	3.7	10:35	1.2			6:31	5:10	
31	Tue	6:25	2.7	4:23	3.6	12:14	-0.3	11:16 AM	1.4	6:32	5:09	