


## Antioch, CA - Aug 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:05	4.2	6:55	3.5			12:35	0.0	6:10	8:16	
2	Sat	5:59	3.9	7:24	3.6	12:48	1.3	1:07	0.2	6:11	8:16	
3	Sun	7:01	3.5	7:58	3.8	1:50	1.2	1:41	0.4	6:11	8:14	
4	Mon	8:22	3.1	8:41	4.0	3:01	1.0	2:22	0.7	6:12	8:13	
5	Tue	9:56	2.8	9:33	4.2	4:18	0.8	3:10	1.0	6:13	8:12	
6	Wed	11:19	2.7	10:30	4.3	5:33	0.5	4:09	1.3	6:14	8:11	
7	Thu			12:30	2.8	6:41	0.2	5:16	1.5	6:15	8:10	
8	Fri			1:32	2.9	7:40	-0.1	6:25	1.6	6:16	8:09	
9	Sat	12:25	4.4	2:29	3.0	8:34	-0.3	7:29	1.6	6:17	8:08	
10	Sun	1:18	4.4	3:20	3.2	9:22	-0.5	8:28	1.6	6:17	8:07	
11	Mon	2:07	4.4	4:08	3.3	10:07	-0.5	9:24	1.6	6:18	8:06	
12	Tue	2:55	4.3	4:53	3.3	10:48	-0.4	10:16	1.6	6:19	8:04	
13	Wed	3:41	4.2	5:34	3.4	11:26	-0.2	11:07	1.5	6:20	8:03	
14	Thu	4:27	4.0	6:13	3.5			12:01	0.0	6:21	8:02	
15	Fri	5:15	3.7	6:48	3.6			12:33	0.2	6:22	8:01	
16	Sat	6:09	3.4	7:20	3.6	12:50	1.4	1:03	0.5	6:23	7:59	
17	Sun	7:15	3.1	7:52	3.7	1:46	1.3	1:32	0.8	6:24	7:58	
18	Mon	8:34	2.8	8:25	3.8	2:50	1.2	2:05	1.1	6:24	7:57	
19	Tue	9:54	2.7	9:05	3.8	3:59	1.0	2:46	1.3	6:25	7:55	
20	Wed	11:07	2.7	9:53	3.9	5:09	0.8	3:40	1.6	6:26	7:54	
21	Thu			12:11	2.8	6:12	0.5	4:43	1.7	6:27	7:53	
22	Fri			1:07	2.9	7:06	0.2	5:46	1.8	6:28	7:51	
23	Sat			1:57	3.0	7:53	0.0	6:45	1.7	6:29	7:50	
24	Sun	12:26	4.2	2:42	3.1	8:35	-0.1	7:37	1.6	6:30	7:49	
25	Mon	1:11	4.3	3:23	3.2	9:14	-0.2	8:27	1.5	6:30	7:47	
26	Tue	1:56	4.4	4:00	3.2	9:49	-0.2	9:15	1.4	6:31	7:46	
27	Wed	2:40	4.4	4:32	3.3	10:23	-0.1	10:03	1.2	6:32	7:44	
28	Thu	3:26	4.3	4:59	3.4	10:54	0.0	10:52	1.0	6:33	7:43	
29	Fri	4:15	4.2	5:22	3.6	11:24	0.1	11:43	0.9	6:34	7:41	
30	Sat	5:06	3.9	5:46	3.8	11:54	0.3			6:35	7:40	
31	Sun	6:04	3.6	6:17	4.0	12:39	0.7	12:27	0.5	6:36	7:39	