US HARBORS www.USHarbors.com

Antioch, CA - Aug 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:04	4.6	5:14	3.2	11:09	-0.5	10:31	1.5	6:10	8:16	
2	Mon	3:58	4.4	5:58	3.4	11:50	-0.4	11:29	1.4	6:11	8:15	
3	Tue	4:54	4.2	6:41	3.6			12:28	-0.2	6:12	8:14	
4	Wed	5:52	3.8	7:22	3.7	12:28	1.3	1:05	0.1	6:13	8:13	
5	Thu	6:58	3.4	8:05	3.8	1:29	1.3	1:42	0.4	6:14	8:12	
6	Fri	8:15	3.1	8:48	3.9	2:36	1.2	2:20	0.7	6:15	8:10	
7	Sat	9:34	2.8	9:34	4.0	3:48	1.0	3:02	1.1	6:15	8:09	
8	Sun	10:50	2.7	10:22	4.0	5:00	0.7	3:52	1.4	6:16	8:08	
9	Mon	11:58	2.7	11:11	4.1	6:08	0.4	4:48	1.6	6:17	8:07	
10	Tue			12:59	2.8	7:06	0.2	5:46	1.7	6:18	8:06	
11	Wed			1:52	3.0	7:56	-0.1	6:42	1.8	6:19	8:05	
12	Thu	12:40	4.2	2:39	3.1	8:39	-0.2	7:34	1.8	6:20	8:03	
13	Fri	1:19	4.2	3:23	3.2	9:18	-0.2	8:21	1.7	6:21	8:02	
14	Sat	1:55	4.2	4:03	3.2	9:53	-0.2	9:06	1.6	6:22	8:01	
15	Sun	2:30	4.2	4:39	3.3	10:24	-0.1	9:50	1.6	6:22	8:00	
16	Mon	3:07	4.2	5:11	3.3	10:53	-0.1	10:33	1.5	6:23	7:58	
17	Tue	3:46	4.2	5:36	3.4	11:19	0.0	11:16	1.4	6:24	7:57	
18	Wed	4:29	4.0	5:54	3.5	11:43	0.2			6:25	7:56	
19	Thu	5:15	3.8	6:09	3.7	12:02	1.2	12:08	0.3	6:26	7:54	
20	Fri	6:08	3.5	6:33	3.9	12:53	1.1	12:37	0.5	6:27	7:53	
21	Sat	7:14	3.1	7:08	4.1	1:53	1.0	1:12	0.8	6:28	7:52	
22	Sun	8:44	2.8	7:54	4.2	3:04	0.9	1:54	1.1	6:29	7:50	
23	Mon	10:18	2.7	8:49	4.2	4:22	0.7	2:47	1.4	6:29	7:49	
24	Tue	11:35	2.7	9:56	4.2	5:36	0.4	3:53	1.6	6:30	7:48	
25	Wed			12:40	2.8	6:42	0.1	5:12	1.7	6:31	7:46	
26	Thu			1:37	2.9	7:39	-0.2	6:28	1.7	6:32	7:45	
27	Fri	12:18	4.3	2:27	3.1	8:29	-0.3	7:35	1.5	6:33	7:43	
28	Sat	1:19	4.4	3:13	3.2	9:15	-0.4	8:35	1.4	6:34	7:42	
29	Sun	2:15	4.3	3:56	3.4	9:57	-0.3	9:32	1.3	6:35	7:40	
30	Mon	3:08	4.2	4:37	3.5	10:37	-0.2	10:27	1.2	6:35	7:39	
31	Tue	4:00	4.0	5:14	3.6	11:13	0.0	11:21	1.0	6:36	7:37	