

Antioch, CA - Mar 2006

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|-----|----------|-----|-------|-----|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 3:55 | 3.7 | 3:47 | 4.0 | 10:10 | 0.8 | 10:37 | 0.2 | 6:38 | 6:00 | ● |
| 2 | Thu | 4:30 | 3.9 | 4:48 | 3.6 | 11:10 | 0.6 | 11:12 | 0.4 | 6:37 | 6:01 | ● |
| 3 | Fri | 5:06 | 4.1 | 5:57 | 3.2 | | | 12:12 | 0.6 | 6:35 | 6:02 | ◐ |
| 4 | Sat | 5:46 | 4.2 | 7:13 | 2.9 | | | 1:19 | 0.5 | 6:34 | 6:03 | ◐ |
| 5 | Sun | 6:33 | 4.2 | 8:31 | 2.7 | 12:33 | 1.0 | 2:30 | 0.4 | 6:32 | 6:04 | ◐ |
| 6 | Mon | 7:30 | 4.1 | 9:44 | 2.7 | 1:25 | 1.3 | 3:43 | 0.3 | 6:31 | 6:05 | ◐ |
| 7 | Tue | 8:40 | 4.0 | 10:50 | 2.8 | 2:29 | 1.6 | 4:51 | 0.1 | 6:29 | 6:06 | ◐ |
| 8 | Wed | 9:50 | 3.9 | 11:48 | 3.0 | 3:40 | 1.7 | 5:49 | -0.1 | 6:28 | 6:07 | ◐ |
| 9 | Thu | 10:52 | 4.0 | | | 4:48 | 1.7 | 6:38 | -0.2 | 6:26 | 6:08 | ◐ |
| 10 | Fri | 12:37 | 3.2 | 11:44 AM | 4.0 | 5:48 | 1.6 | 7:20 | -0.2 | 6:25 | 6:09 | ◐ |
| 11 | Sat | 1:21 | 3.3 | 12:28 | 3.9 | 6:42 | 1.5 | 7:57 | -0.1 | 6:23 | 6:10 | ○ |
| 12 | Sun | 2:01 | 3.3 | 1:08 | 3.9 | 7:31 | 1.4 | 8:29 | 0.0 | 6:22 | 6:11 | ○ |
| 13 | Mon | 2:37 | 3.4 | 1:46 | 3.7 | 8:16 | 1.3 | 8:56 | 0.2 | 6:20 | 6:12 | ○ |
| 14 | Tue | 3:08 | 3.4 | 2:22 | 3.6 | 9:00 | 1.2 | 9:19 | 0.3 | 6:19 | 6:13 | ○ |
| 15 | Wed | 3:31 | 3.4 | 3:01 | 3.4 | 9:43 | 1.1 | 9:39 | 0.5 | 6:17 | 6:14 | ○ |
| 16 | Thu | 3:44 | 3.5 | 3:43 | 3.2 | 10:25 | 1.0 | 9:58 | 0.6 | 6:16 | 6:15 | ○ |
| 17 | Fri | 3:49 | 3.7 | 4:31 | 3.0 | 11:08 | 0.9 | 10:22 | 0.8 | 6:14 | 6:16 | ○ |
| 18 | Sat | 4:06 | 3.8 | 5:31 | 2.8 | 11:55 | 0.8 | 10:53 | 1.0 | 6:13 | 6:17 | ○ |
| 19 | Sun | 4:37 | 4.0 | 6:47 | 2.6 | | | 12:50 | 0.7 | 6:11 | 6:18 | ○ |
| 20 | Mon | 5:17 | 4.1 | 8:09 | 2.5 | | | 1:55 | 0.5 | 6:10 | 6:19 | ○ |
| 21 | Tue | 6:05 | 4.0 | 9:24 | 2.5 | 12:22 | 1.4 | 3:05 | 0.4 | 6:08 | 6:20 | ○ |
| 22 | Wed | 7:05 | 4.0 | 10:27 | 2.6 | 1:22 | 1.6 | 4:12 | 0.2 | 6:07 | 6:20 | ◐ |
| 23 | Thu | 8:19 | 4.0 | 11:21 | 2.8 | 2:36 | 1.7 | 5:12 | 0.0 | 6:05 | 6:21 | ◐ |
| 24 | Fri | 9:43 | 4.0 | | | 3:56 | 1.6 | 6:03 | -0.2 | 6:04 | 6:22 | ◐ |
| 25 | Sat | 12:07 | 2.9 | 10:59 AM | 4.1 | 5:09 | 1.4 | 6:48 | -0.2 | 6:02 | 6:23 | ◐ |
| 26 | Sun | 12:47 | 3.1 | 12:03 | 4.1 | 6:14 | 1.1 | 7:30 | -0.2 | 6:01 | 6:24 | ◐ |
| 27 | Mon | 1:24 | 3.3 | 1:00 | 4.0 | 7:14 | 0.8 | 8:08 | -0.1 | 5:59 | 6:25 | ◐ |
| 28 | Tue | 1:59 | 3.5 | 1:56 | 3.9 | 8:11 | 0.6 | 8:45 | 0.1 | 5:57 | 6:26 | ◐ |
| 29 | Wed | 2:31 | 3.7 | 2:52 | 3.6 | 9:08 | 0.3 | 9:20 | 0.3 | 5:56 | 6:27 | ● |
| 30 | Thu | 3:03 | 3.9 | 3:52 | 3.3 | 10:05 | 0.2 | 9:56 | 0.6 | 5:54 | 6:28 | ● |
| 31 | Fri | 3:35 | 4.1 | 4:55 | 3.1 | 11:02 | 0.0 | 10:34 | 0.8 | 5:53 | 6:29 | ● |