

































Antioch, CA - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:59	4.2	6:26	2.8			12:44	0.8	6:38	6:00	
2	Mon	5:41	4.3	8:01	2.6			1:56	0.7	6:36	6:01	
3	Tue	6:32	4.3	9:24	2.5	12:42	1.3	3:13	0.6	6:35	6:02	
4	Wed	7:35	4.2	10:34	2.6	1:44	1.5	4:26	0.3	6:33	6:03	
5	Thu	8:52	4.2	11:33	2.8	3:02	1.6	5:28	0.1	6:32	6:04	
6	Fri	10:12	4.2			4:22	1.5	6:22	-0.1	6:30	6:05	
7	Sat	12:24	3.0	11:21 AM	4.3	5:34	1.4	7:09	-0.2	6:29	6:06	
8	Sun	1:11	3.2	1:19	4.3	7:37	1.2	8:51	-0.2	7:27	7:07	
9	Mon	2:53	3.4	2:13	4.2	8:35	1.0	9:30	-0.1	7:26	7:08	
10	Tue	3:33	3.5	3:05	4.0	9:31	0.9	10:07	0.1	7:25	7:09	
11	Wed	4:09	3.7	3:57	3.8	10:25	0.7	10:41	0.3	7:23	7:10	
12	Thu	4:43	3.8	4:51	3.5	11:18	0.6	11:14	0.6	7:22	7:11	
13	Fri	5:13	3.8	5:48	3.2			12:11	0.5	7:20	7:12	
14	Sat	5:40	3.9	6:50	3.0			1:06	0.4	7:18	7:13	
15	Sun	6:07	3.9	7:56	2.8	12:17	1.1	2:03	0.4	7:17	7:14	
16	Mon	6:40	3.9	9:04	2.7	12:54	1.3	3:03	0.4	7:15	7:15	
17	Tue	7:26	3.8	10:09	2.7	1:39	1.5	4:06	0.3	7:14	7:16	
18	Wed	8:30	3.7	11:09	2.8	2:37	1.6	5:07	0.2	7:12	7:17	
19	Thu	9:55	3.6			3:47	1.7	6:01	0.1	7:11	7:18	
20	Fri	12:03	2.9	11:07 AM	3.7	4:57	1.6	6:49	0.0	7:09	7:19	
21	Sat	12:50	3.1	12:03	3.7	6:01	1.5	7:29	0.0	7:08	7:20	
22	Sun	1:31	3.2	12:51	3.7	6:57	1.3	8:06	0.0	7:06	7:21	
23	Mon	2:08	3.3	1:35	3.7	7:48	1.1	8:38	0.1	7:05	7:22	
24	Tue	2:40	3.4	2:18	3.6	8:36	1.0	9:09	0.3	7:03	7:23	
25	Wed	3:05	3.5	3:01	3.5	9:23	0.8	9:37	0.4	7:02	7:24	
26	Thu	3:23	3.6	3:47	3.3	10:09	0.6	10:05	0.6	7:00	7:24	
27	Fri	3:40	3.8	4:37	3.1	10:56	0.4	10:34	0.7	6:59	7:25	
28	Sat	4:05	4.0	5:33	2.9	11:45	0.3	11:07	0.9	6:57	7:26	
29	Sun	4:39	4.2	6:38	2.7			12:38	0.2	6:56	7:27	
30	Mon	5:21	4.3	7:51	2.6			1:37	0.2	6:54	7:28	
31	Tue	6:09	4.2	9:04	2.6	12:36	1.2	2:43	0.2	6:52	7:29	