














## Antioch, CA - Jul 2009

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Wed | 11:53 | 2.6 | 11:51 | 4.2 | 6:13  | 0.2  | 5:14  | 1.0  | 5:48  | 8:33 |    |
| 2    | Thu |       |     | 12:57 | 2.6 | 7:14  | -0.1 | 6:06  | 1.3  | 5:49  | 8:33 |    |
| 3    | Fri | 12:33 | 4.2 | 1:55  | 2.7 | 8:08  | -0.3 | 6:57  | 1.5  | 5:49  | 8:33 |    |
| 4    | Sat | 1:11  | 4.2 | 2:49  | 2.8 | 8:56  | -0.5 | 7:45  | 1.6  | 5:50  | 8:33 |    |
| 5    | Sun | 1:43  | 4.1 | 3:38  | 2.9 | 9:40  | -0.5 | 8:31  | 1.7  | 5:50  | 8:33 |    |
| 6    | Mon | 2:12  | 4.1 | 4:23  | 2.9 | 10:20 | -0.5 | 9:14  | 1.8  | 5:51  | 8:33 |    |
| 7    | Tue | 2:39  | 4.0 | 5:05  | 3.0 | 10:56 | -0.4 | 9:57  | 1.8  | 5:51  | 8:32 |    |
| 8    | Wed | 3:09  | 4.0 | 5:44  | 3.1 | 11:29 | -0.4 | 10:38 | 1.7  | 5:52  | 8:32 |    |
| 9    | Thu | 3:44  | 4.0 | 6:20  | 3.2 | 11:58 | -0.3 | 11:21 | 1.7  | 5:52  | 8:32 |    |
| 10   | Fri | 4:23  | 3.9 | 6:52  | 3.3 |       |      | 12:25 | -0.1 | 5:53  | 8:31 |    |
| 11   | Sat | 5:06  | 3.8 | 7:20  | 3.4 | 12:05 | 1.6  | 12:50 | 0.0  | 5:54  | 8:31 |    |
| 12   | Sun | 5:54  | 3.5 | 7:45  | 3.5 | 12:54 | 1.5  | 1:16  | 0.2  | 5:54  | 8:30 |   |
| 13   | Mon | 6:50  | 3.2 | 8:10  | 3.7 | 1:50  | 1.4  | 1:46  | 0.4  | 5:55  | 8:30 |  |
| 14   | Tue | 8:06  | 2.8 | 8:41  | 3.9 | 2:59  | 1.3  | 2:23  | 0.7  | 5:56  | 8:30 |  |
| 15   | Wed | 10:00 | 2.6 | 9:22  | 4.0 | 4:16  | 1.0  | 3:07  | 1.0  | 5:57  | 8:29 |  |
| 16   | Thu | 11:30 | 2.5 | 10:10 | 4.2 | 5:32  | 0.7  | 3:59  | 1.3  | 5:57  | 8:28 |  |
| 17   | Fri |       |     | 12:41 | 2.5 | 6:39  | 0.3  | 4:58  | 1.5  | 5:58  | 8:28 |  |
| 18   | Sat |       |     | 1:42  | 2.6 | 7:39  | 0.0  | 6:03  | 1.6  | 5:59  | 8:27 |  |
| 19   | Sun |       |     | 2:37  | 2.7 | 8:32  | -0.3 | 7:08  | 1.6  | 6:00  | 8:27 |  |
| 20   | Mon | 12:52 | 4.7 | 3:27  | 2.8 | 9:21  | -0.5 | 8:12  | 1.5  | 6:00  | 8:26 |  |
| 21   | Tue | 1:48  | 4.8 | 4:13  | 3.0 | 10:06 | -0.5 | 9:13  | 1.4  | 6:01  | 8:25 |  |
| 22   | Wed | 2:43  | 4.7 | 4:58  | 3.1 | 10:49 | -0.5 | 10:13 | 1.3  | 6:02  | 8:25 |  |
| 23   | Thu | 3:38  | 4.6 | 5:41  | 3.4 | 11:29 | -0.4 | 11:12 | 1.2  | 6:03  | 8:24 |  |
| 24   | Fri | 4:35  | 4.3 | 6:23  | 3.6 |       |      | 12:08 | -0.2 | 6:03  | 8:23 |  |
| 25   | Sat | 5:33  | 4.0 | 7:05  | 3.8 | 12:13 | 1.1  | 12:45 | 0.0  | 6:04  | 8:22 |  |
| 26   | Sun | 6:38  | 3.6 | 7:50  | 3.9 | 1:15  | 1.0  | 1:22  | 0.3  | 6:05  | 8:21 |  |
| 27   | Mon | 7:52  | 3.2 | 8:37  | 4.0 | 2:21  | 0.9  | 2:01  | 0.6  | 6:06  | 8:21 |  |
| 28   | Tue | 9:11  | 2.9 | 9:27  | 4.1 | 3:32  | 0.7  | 2:45  | 0.9  | 6:07  | 8:20 |  |
| 29   | Wed | 10:28 | 2.7 | 10:21 | 4.1 | 4:44  | 0.5  | 3:36  | 1.3  | 6:08  | 8:19 |  |
| 30   | Thu | 11:38 | 2.7 | 11:14 | 4.2 | 5:52  | 0.3  | 4:35  | 1.5  | 6:08  | 8:18 |  |
| 31   | Fri |       |     | 12:41 | 2.8 | 6:53  | 0.0  | 5:36  | 1.7  | 6:09  | 8:17 |  |