
































## Antioch, CA - Sep 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:08	3.9	2:32	3.4	8:34	-0.1	7:59	1.4	6:37	7:36	
2	Wed	1:48	3.9	3:09	3.4	9:07	0.0	8:45	1.3	6:38	7:35	
3	Thu	2:25	3.8	3:41	3.5	9:38	0.1	9:29	1.2	6:39	7:33	
4	Fri	3:01	3.7	4:06	3.6	10:05	0.2	10:12	1.1	6:40	7:32	
5	Sat	3:38	3.6	4:24	3.7	10:30	0.4	10:54	1.0	6:40	7:30	
6	Sun	4:19	3.4	4:37	3.8	10:54	0.5	11:37	0.8	6:41	7:29	
7	Mon	5:05	3.2	4:58	4.0	11:19	0.7			6:42	7:27	
8	Tue	5:59	3.0	5:29	4.2	12:23	0.7	11:50 AM	0.9	6:43	7:26	
9	Wed	7:11	2.8	6:09	4.3	1:16	0.6	12:28	1.1	6:44	7:24	
10	Thu	8:37	2.6	6:57	4.2	2:20	0.6	1:15	1.3	6:45	7:22	
11	Fri	9:57	2.6	7:54	4.2	3:33	0.5	2:14	1.5	6:46	7:21	
12	Sat	11:06	2.7	9:05	4.1	4:46	0.3	3:28	1.6	6:46	7:19	
13	Sun			12:05	2.8	5:52	0.2	4:50	1.6	6:47	7:18	
14	Mon			12:56	3.0	6:48	0.0	6:05	1.4	6:48	7:16	
15	Tue			1:41	3.2	7:37	-0.1	7:11	1.2	6:49	7:15	
16	Wed	12:51	4.1	2:22	3.4	8:20	-0.1	8:11	0.9	6:50	7:13	
17	Thu	1:49	4.0	3:01	3.6	9:00	0.0	9:08	0.7	6:51	7:12	
18	Fri	2:44	3.9	3:36	3.7	9:38	0.2	10:03	0.5	6:51	7:10	
19	Sat	3:39	3.7	4:09	3.8	10:14	0.4	10:57	0.3	6:52	7:08	
20	Sun	4:35	3.4	4:40	3.9	10:49	0.6	11:51	0.2	6:53	7:07	
21	Mon	5:34	3.2	5:09	3.9	11:23	0.9			6:54	7:05	
22	Tue	6:37	3.0	5:39	3.9	12:46	0.1	11:59 AM	1.1	6:55	7:04	
23	Wed	7:41	2.8	6:15	3.9	1:42	0.1	12:40	1.3	6:56	7:02	
24	Thu	8:47	2.8	7:00	3.7	2:40	0.1	1:29	1.5	6:57	7:01	
25	Fri	9:51	2.8	8:04	3.6	3:41	0.1	2:29	1.7	6:58	6:59	
26	Sat	10:50	2.9	9:34	3.5	4:41	0.0	3:38	1.7	6:58	6:57	
27	Sun	11:43	3.0	10:52	3.5	5:36	0.0	4:49	1.6	6:59	6:56	
28	Mon			12:30	3.2	6:25	0.0	5:53	1.4	7:00	6:54	
29	Tue			1:12	3.3	7:07	0.0	6:50	1.2	7:01	6:53	
30	Wed	12:43	3.5	1:49	3.5	7:44	0.0	7:41	1.0	7:02	6:51	