

































## Antioch, CA - Oct 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:29	3.4	2:20	3.5	8:17	0.2	8:29	0.8	7:03	6:50	
2	Fri	2:12	3.3	2:46	3.6	8:46	0.3	9:15	0.6	7:04	6:48	
3	Sat	2:56	3.2	3:04	3.7	9:14	0.5	9:59	0.4	7:05	6:47	
4	Sun	3:42	3.1	3:18	3.9	9:41	0.7	10:44	0.3	7:06	6:45	
5	Mon	4:31	2.9	3:41	4.0	10:09	0.8	11:29	0.1	7:06	6:44	
6	Tue	5:25	2.8	4:12	4.2	10:42	1.0			7:07	6:42	
7	Wed	6:25	2.7	4:52	4.3	12:17	0.0	11:21 AM	1.1	7:08	6:41	
8	Thu	7:31	2.6	5:38	4.2	1:09	0.0	12:08	1.3	7:09	6:39	
9	Fri	8:39	2.6	6:30	4.1	2:08	0.0	1:05	1.4	7:10	6:38	
10	Sat	9:44	2.6	7:34	3.9	3:12	0.0	2:15	1.5	7:11	6:36	
11	Sun	10:44	2.8	8:53	3.7	4:16	0.0	3:35	1.4	7:12	6:35	
12	Mon	11:37	3.0	10:27	3.5	5:15	0.0	4:55	1.3	7:13	6:33	
13	Tue			12:25	3.2	6:09	-0.1	6:06	1.0	7:14	6:32	
14	Wed			1:07	3.5	6:56	0.0	7:11	0.7	7:15	6:30	
15	Thu	12:50	3.4	1:46	3.7	7:39	0.1	8:10	0.3	7:16	6:29	
16	Fri	1:49	3.3	2:22	3.8	8:18	0.3	9:05	0.1	7:17	6:28	
17	Sat	2:45	3.2	2:54	3.9	8:56	0.5	9:58	-0.1	7:18	6:26	
18	Sun	3:41	3.0	3:22	3.9	9:33	0.8	10:50	-0.3	7:19	6:25	
19	Mon	4:38	2.9	3:47	3.9	10:09	1.0	11:40	-0.4	7:20	6:24	
20	Tue	5:36	2.8	4:13	3.9	10:46	1.2			7:21	6:22	
21	Wed	6:34	2.7	4:44	3.8	12:29	-0.4	11:26 AM	1.4	7:22	6:21	
22	Thu	7:32	2.7	5:22	3.7	1:19	-0.4	12:10	1.5	7:23	6:20	
23	Fri	8:28	2.7	6:08	3.6	2:09	-0.3	1:02	1.6	7:24	6:18	
24	Sat	9:23	2.8	7:04	3.4	3:00	-0.2	2:02	1.6	7:25	6:17	
25	Sun	10:16	2.9	8:21	3.2	3:51	-0.2	3:11	1.6	7:26	6:16	
26	Mon	11:04	3.1	9:58	3.0	4:40	-0.1	4:21	1.4	7:27	6:15	
27	Tue	11:47	3.2	11:12	3.0	5:25	0.0	5:27	1.2	7:28	6:13	
28	Wed			12:26	3.4	6:06	0.1	6:28	0.9	7:29	6:12	
29	Thu	12:13	2.9	12:59	3.5	6:43	0.2	7:22	0.6	7:30	6:11	
30	Fri	1:07	2.9	1:25	3.7	7:17	0.4	8:12	0.3	7:31	6:10	
31	Sat	2:00	2.8	1:45	3.8	7:49	0.6	9:01	0.1	7:32	6:09	