US HARBORS www.USHarbors.com

Antioch, CA - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**4:03**	2.9	**2:19**	4.7	**8:55**	1.4	**10:32**	-0.7	7:23	4:58	
2	Sat	**4:48**	3.0	**3:13**	4.5	**9:54**	1.3	**11:12**	-0.6	7:23	4:59	
3	Sun	**5:31**	3.2	**4:09**	4.3	**10:55**	1.2	**11:51**	-0.4	7:23	5:00	
4	Mon	**6:15**	3.5	**5:09**	3.9	**11:58**	1.1			7:23	5:01	
5	Tue	**7:01**	3.7	**6:20**	3.4	**12:30**	-0.2	**1:05**	1.0	7:23	5:01	
6	Wed	**7:49**	3.9	**7:42**	3.0	**1:11**	0.1	**2:17**	0.9	7:23	5:02	
7	Thu	**8:40**	4.1	**9:05**	2.7	**1:55**	0.4	**3:31**	0.6	7:23	5:03	
8	Fri	**9:31**	4.2	**10:21**	2.6	**2:44**	0.7	**4:43**	0.3	7:23	5:04	
9	Sat	**10:21**	4.3	**11:29**	2.6	**3:38**	1.0	**5:48**	0.0	7:23	5:05	
10	Sun	**11:08**	4.3			**4:35**	1.3	**6:45**	-0.2	7:23	5:06	
11	Mon	**12:31**	2.7	**11:51 AM**	4.3	**5:31**	1.5	**7:36**	-0.4	7:22	5:07	
12	Tue	**1:26**	2.8	**12:29**	4.2	**6:25**	1.6	**8:21**	-0.5	7:22	5:08	
13	Wed	**2:17**	2.9	**1:03**	4.2	**7:15**	1.7	**9:02**	-0.5	7:22	5:09	
14	Thu	**3:03**	3.0	**1:33**	4.1	**8:02**	1.8	**9:39**	-0.4	7:22	5:10	
15	Fri	**3:46**	3.1	**2:02**	4.0	**8:46**	1.8	**10:13**	-0.3	7:21	5:11	
16	Sat	**4:25**	3.2	**2:35**	4.0	**9:29**	1.8	**10:42**	-0.2	7:21	5:12	
17	Sun	**5:01**	3.2	**3:11**	3.9	**10:12**	1.7	**11:08**	-0.1	7:21	5:13	
18	Mon	**5:33**	3.3	**3:52**	3.7	**10:56**	1.7	**11:32**	0.1	7:20	5:14	
19	Tue	**6:01**	3.4	**4:37**	3.5	**11:44**	1.6	**11:56**	0.3	7:20	5:15	
20	Wed	**6:24**	3.6	**5:31**	3.1			**12:38**	1.5	7:19	5:17	
21	Thu	**6:46**	3.7	**6:46**	2.8	**12:24**	0.5	**1:44**	1.3	7:19	5:18	
22	Fri	**7:17**	3.9	**8:41**	2.5	**12:59**	0.7	**2:59**	1.1	7:18	5:19	
23	Sat	**7:58**	4.0	**10:10**	2.5	**1:43**	1.0	**4:13**	0.8	7:18	5:20	
24	Sun	**8:48**	4.2	**11:20**	2.5	**2:35**	1.3	**5:20**	0.5	7:17	5:21	
25	Mon	**9:42**	4.4			**3:35**	1.5	**6:19**	0.1	7:16	5:22	
26	Tue	**12:21**	2.6	**10:38 AM**	4.6	**4:41**	1.6	**7:10**	-0.2	7:16	5:23	
27	Wed	**1:14**	2.8	**11:34 AM**	4.7	**5:46**	1.6	**7:57**	-0.4	7:15	5:24	
28	Thu	**2:01**	2.9	**12:28**	4.8	**6:48**	1.5	**8:41**	-0.4	7:14	5:25	
29	Fri	**2:46**	3.0	**1:22**	4.8	**7:48**	1.4	**9:22**	-0.4	7:13	5:27	
30	Sat	**3:28**	3.2	**2:16**	4.7	**8:47**	1.2	**10:01**	-0.3	7:13	5:28	
31	Sun	**4:08**	3.4	**3:11**	4.5	**9:46**	1.1	**10:38**	-0.2	7:12	5:29	