






























Antioch, CA - Jul 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:48	3.4	8:12	3.4	12:56	1.6	1:34	0.1	5:48	8:33	
2	Fri	6:43	3.1	8:47	3.5	1:53	1.5	2:03	0.3	5:48	8:33	
3	Sat	8:00	2.8	9:21	3.6	2:58	1.4	2:36	0.5	5:49	8:33	
4	Sun	9:46	2.5	9:55	3.8	4:09	1.2	3:15	0.8	5:49	8:33	
5	Mon	11:10	2.5	10:30	3.9	5:20	0.9	4:01	1.1	5:50	8:33	
6	Tue			12:20	2.5	6:25	0.5	4:53	1.3	5:51	8:33	
7	Wed			1:21	2.6	7:22	0.2	5:49	1.4	5:51	8:32	
8	Thu			2:17	2.7	8:13	-0.1	6:45	1.5	5:52	8:32	
9	Fri	12:31	4.5	3:08	2.7	9:00	-0.3	7:41	1.6	5:52	8:32	
10	Sat	1:18	4.6	3:55	2.8	9:45	-0.5	8:37	1.5	5:53	8:31	
11	Sun	2:07	4.7	4:39	2.9	10:27	-0.5	9:33	1.4	5:54	8:31	
12	Mon	2:58	4.7	5:20	3.1	11:08	-0.5	10:30	1.3	5:54	8:31	
13	Tue	3:51	4.6	6:01	3.3	11:46	-0.4	11:28	1.1	5:55	8:30	
14	Wed	4:46	4.3	6:41	3.5			12:23	-0.3	5:56	8:30	
15	Thu	5:44	4.0	7:22	3.7	12:29	1.0	1:01	0.0	5:56	8:29	
16	Fri	6:50	3.6	8:08	3.9	1:33	0.9	1:39	0.2	5:57	8:29	
17	Sat	8:08	3.1	8:57	4.1	2:43	0.8	2:22	0.5	5:58	8:28	
18	Sun	9:33	2.8	9:51	4.2	3:56	0.7	3:10	0.8	5:59	8:27	
19	Mon	10:52	2.7	10:46	4.2	5:10	0.4	4:06	1.1	5:59	8:27	
20	Tue			12:03	2.7	6:18	0.1	5:08	1.3	6:00	8:26	
21	Wed			1:06	2.8	7:18	-0.1	6:10	1.5	6:01	8:25	
22	Thu	12:29	4.3	2:02	3.0	8:11	-0.3	7:08	1.6	6:02	8:25	
23	Fri	1:13	4.2	2:53	3.1	8:59	-0.4	8:02	1.7	6:02	8:24	
24	Sat	1:53	4.2	3:40	3.2	9:41	-0.4	8:51	1.7	6:03	8:23	
25	Sun	2:29	4.1	4:24	3.2	10:20	-0.4	9:37	1.7	6:04	8:22	
26	Mon	3:02	4.0	5:03	3.3	10:55	-0.2	10:21	1.7	6:05	8:22	
27	Tue	3:35	3.9	5:38	3.4	11:25	-0.1	11:04	1.6	6:06	8:21	
28	Wed	4:10	3.8	6:09	3.4	11:52	0.1	11:47	1.6	6:07	8:20	
29	Thu	4:49	3.6	6:36	3.5			12:16	0.2	6:07	8:19	
30	Fri	5:33	3.4	6:56	3.6	12:33	1.5	12:39	0.4	6:08	8:18	
31	Sat	6:26	3.1	7:16	3.8	1:23	1.4	1:04	0.6	6:09	8:17	