


Antioch, CA - Aug 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:42	2.8	7:45	3.9	2:23	1.3	1:38	0.9	6:10	8:16	
2	Mon	9:27	2.6	8:26	4.0	3:33	1.1	2:20	1.1	6:11	8:15	
3	Tue	10:51	2.5	9:16	4.1	4:47	0.9	3:13	1.4	6:12	8:14	
4	Wed			12:01	2.6	5:55	0.6	4:15	1.6	6:13	8:13	
5	Thu			1:00	2.7	6:55	0.3	5:23	1.7	6:13	8:12	
6	Fri			1:52	2.8	7:47	0.0	6:28	1.6	6:14	8:11	
7	Sat	12:12	4.5	2:39	3.0	8:33	-0.2	7:30	1.5	6:15	8:10	
8	Sun	1:08	4.7	3:21	3.1	9:16	-0.3	8:28	1.4	6:16	8:09	
9	Mon	2:02	4.7	4:00	3.2	9:57	-0.3	9:25	1.2	6:17	8:08	
10	Tue	2:55	4.6	4:37	3.4	10:35	-0.2	10:22	1.0	6:18	8:06	
11	Wed	3:50	4.4	5:14	3.6	11:11	0.0	11:20	0.8	6:19	8:05	
12	Thu	4:46	4.1	5:50	3.9	11:47	0.1			6:19	8:04	
13	Fri	5:46	3.8	6:29	4.1	12:19	0.7	12:23	0.4	6:20	8:03	
14	Sat	6:54	3.4	7:13	4.2	1:22	0.6	1:01	0.6	6:21	8:02	
15	Sun	8:10	3.1	8:03	4.2	2:28	0.6	1:45	0.9	6:22	8:00	
16	Mon	9:28	2.9	9:04	4.2	3:39	0.5	2:37	1.2	6:23	7:59	
17	Tue	10:41	2.8	10:12	4.1	4:50	0.3	3:40	1.4	6:24	7:58	
18	Wed	11:48	2.9	11:16	4.1	5:57	0.1	4:50	1.6	6:25	7:56	
19	Thu			12:47	3.1	6:55	-0.1	5:57	1.6	6:26	7:55	
20	Fri	12:13	4.1	1:39	3.2	7:46	-0.2	6:57	1.6	6:26	7:54	
21	Sat	1:02	4.1	2:26	3.3	8:30	-0.3	7:51	1.5	6:27	7:52	
22	Sun	1:45	4.0	3:08	3.4	9:09	-0.2	8:40	1.5	6:28	7:51	
23	Mon	2:23	3.9	3:46	3.5	9:44	-0.1	9:25	1.4	6:29	7:50	
24	Tue	2:59	3.8	4:19	3.5	10:15	0.1	10:08	1.4	6:30	7:48	
25	Wed	3:34	3.7	4:47	3.5	10:42	0.3	10:50	1.3	6:31	7:47	
26	Thu	4:10	3.5	5:08	3.6	11:06	0.4	11:32	1.2	6:32	7:45	
27	Fri	4:49	3.4	5:20	3.7	11:28	0.6			6:32	7:44	
28	Sat	5:35	3.2	5:36	3.9	12:14	1.1	11:51 AM	0.8	6:33	7:42	
29	Sun	6:33	2.9	6:04	4.0	1:00	1.0	12:20	0.9	6:34	7:41	
30	Mon	7:52	2.7	6:43	4.1	1:54	0.9	12:59	1.2	6:35	7:40	
31	Tue	9:19	2.6	7:30	4.1	3:00	0.8	1:47	1.4	6:36	7:38	