

































Antioch, CA - Aug 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:43	4.4	3:31	3.3	9:31	-0.3	8:57	1.3	6:10	8:16	
2	Tue	2:28	4.3	4:19	3.4	10:15	-0.3	9:49	1.4	6:11	8:15	
3	Wed	3:13	4.2	5:05	3.4	10:56	-0.2	10:39	1.4	6:12	8:14	
4	Thu	3:57	4.1	5:48	3.5	11:34	-0.1	11:29	1.4	6:13	8:13	
5	Fri	4:42	3.9	6:28	3.5			12:09	0.1	6:14	8:11	
6	Sat	5:30	3.7	7:07	3.6	12:19	1.3	12:41	0.3	6:15	8:10	
7	Sun	6:24	3.5	7:44	3.6	1:10	1.3	1:12	0.5	6:16	8:09	
8	Mon	7:28	3.2	8:23	3.7	2:06	1.3	1:44	0.7	6:16	8:08	
9	Tue	8:43	3.0	9:05	3.7	3:07	1.2	2:20	1.0	6:17	8:07	
10	Wed	9:57	2.8	9:51	3.8	4:12	1.0	3:06	1.2	6:18	8:06	
11	Thu	11:05	2.8	10:39	3.9	5:17	0.8	4:01	1.3	6:19	8:05	
12	Fri			12:06	2.9	6:16	0.5	5:01	1.5	6:20	8:03	
13	Sat			1:01	3.0	7:09	0.3	6:00	1.5	6:21	8:02	
14	Sun	12:08	4.1	1:50	3.1	7:55	0.1	6:55	1.5	6:22	8:01	
15	Mon	12:48	4.2	2:36	3.2	8:38	0.0	7:47	1.4	6:23	8:00	
16	Tue	1:28	4.2	3:17	3.3	9:18	-0.1	8:36	1.3	6:23	7:58	
17	Wed	2:09	4.3	3:55	3.4	9:56	-0.1	9:24	1.2	6:24	7:57	
18	Thu	2:52	4.3	4:30	3.5	10:32	-0.1	10:13	1.1	6:25	7:56	
19	Fri	3:37	4.2	5:01	3.6	11:07	0.0	11:03	1.0	6:26	7:54	
20	Sat	4:26	4.1	5:32	3.7	11:42	0.1	11:56	0.9	6:27	7:53	
21	Sun	5:20	3.9	6:05	3.9			12:18	0.3	6:28	7:52	
22	Mon	6:21	3.6	6:45	4.0	12:54	0.8	12:58	0.5	6:29	7:50	
23	Tue	7:36	3.3	7:33	4.1	1:58	0.8	1:43	0.7	6:30	7:49	
24	Wed	9:02	3.0	8:32	4.1	3:08	0.7	2:37	0.9	6:30	7:47	
25	Thu	10:21	3.0	9:42	4.1	4:22	0.6	3:40	1.1	6:31	7:46	
26	Fri	11:31	3.0	10:51	4.1	5:32	0.4	4:49	1.2	6:32	7:45	
27	Sat			12:33	3.2	6:36	0.1	5:56	1.3	6:33	7:43	
28	Sun			1:29	3.3	7:31	0.0	6:58	1.2	6:34	7:42	
29	Mon	12:50	4.2	2:19	3.4	8:21	-0.1	7:56	1.2	6:35	7:40	
30	Tue	1:40	4.1	3:06	3.5	9:05	-0.1	8:49	1.1	6:36	7:39	
31	Wed	2:26	4.0	3:50	3.6	9:46	-0.1	9:39	1.1	6:36	7:37	