

































## Antioch, CA - Mar 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:24	4.1			5:07	1.5	6:53	-0.2	6:38	6:00	
2	Sat	12:44	3.2	12:08	4.0	6:03	1.5	7:36	-0.2	6:37	6:01	
3	Sun	1:31	3.3	12:48	4.0	6:53	1.5	8:15	-0.2	6:35	6:02	
4	Mon	2:13	3.3	1:24	4.0	7:40	1.5	8:50	-0.1	6:34	6:03	
5	Tue	2:51	3.4	1:57	3.9	8:24	1.4	9:22	0.0	6:32	6:04	
6	Wed	3:26	3.4	2:29	3.8	9:06	1.4	9:50	0.1	6:31	6:05	
7	Thu	3:55	3.4	3:04	3.7	9:47	1.3	10:16	0.3	6:30	6:06	
8	Fri	4:17	3.5	3:42	3.5	10:27	1.2	10:40	0.4	6:28	6:07	
9	Sat	4:31	3.6	4:26	3.4	11:09	1.1	11:06	0.5	6:27	6:08	
10	Sun	5:49	3.7	6:20	3.1			12:56	1.0	7:25	7:09	
11	Mon	6:19	3.9	7:36	2.9	12:38	0.7	1:52	0.9	7:24	7:10	
12	Tue	6:59	4.0	9:12	2.7	1:17	0.9	3:01	0.8	7:22	7:11	
13	Wed	7:48	4.0	10:32	2.7	2:06	1.2	4:16	0.7	7:21	7:12	
14	Thu	8:47	4.0	11:40	2.8	3:07	1.4	5:26	0.4	7:19	7:13	
15	Fri	9:57	4.1			4:18	1.5	6:28	0.2	7:18	7:14	
16	Sat	12:37	2.9	11:09 AM	4.2	5:31	1.4	7:22	-0.1	7:16	7:15	
17	Sun	1:27	3.0	12:16	4.3	6:38	1.3	8:10	-0.2	7:15	7:16	
18	Mon	2:13	3.2	1:16	4.3	7:39	1.1	8:54	-0.2	7:13	7:17	
19	Tue	2:55	3.3	2:12	4.3	8:37	0.9	9:36	-0.2	7:12	7:18	
20	Wed	3:35	3.4	3:07	4.2	9:34	0.7	10:15	0.0	7:10	7:18	
21	Thu	4:13	3.6	4:03	4.0	10:29	0.5	10:54	0.1	7:08	7:19	
22	Fri	4:50	3.7	5:00	3.7	11:25	0.4	11:31	0.3	7:07	7:20	
23	Sat	5:26	3.8	6:01	3.4			12:21	0.3	7:05	7:21	
24	Sun	6:03	3.8	7:06	3.1	12:10	0.6	1:20	0.3	7:04	7:22	
25	Mon	6:44	3.8	8:16	3.0	12:50	0.8	2:21	0.2	7:02	7:23	
26	Tue	7:32	3.8	9:25	2.9	1:36	1.1	3:25	0.2	7:01	7:24	
27	Wed	8:34	3.7	10:31	2.9	2:31	1.3	4:30	0.1	6:59	7:25	
28	Thu	9:47	3.6	11:31	3.0	3:35	1.5	5:31	0.0	6:58	7:26	
29	Fri	10:56	3.6			4:42	1.5	6:26	-0.1	6:56	7:27	
30	Sat	12:25	3.1	11:54 AM	3.6	5:47	1.4	7:14	-0.2	6:55	7:28	
31	Sun	1:12	3.3	12:44	3.6	6:44	1.3	7:55	-0.2	6:53	7:29	