

































## Antioch, CA - Jul 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:31	4.4	3:59	2.8	9:51	-0.4	8:44	1.4	5:48	8:33	
2	Tue	2:12	4.6	4:49	2.8	10:36	-0.5	9:36	1.4	5:48	8:33	
3	Wed	2:57	4.6	5:37	2.9	11:20	-0.5	10:30	1.4	5:49	8:33	
4	Thu	3:46	4.6	6:24	3.0			12:03	-0.5	5:49	8:33	
5	Fri	4:38	4.5	7:10	3.2			12:45	-0.4	5:50	8:33	
6	Sat	5:34	4.2	7:57	3.3	12:25	1.3	1:28	-0.3	5:50	8:33	
7	Sun	6:37	3.9	8:47	3.5	1:30	1.2	2:12	-0.1	5:51	8:32	
8	Mon	7:53	3.5	9:38	3.7	2:39	1.1	2:59	0.1	5:52	8:32	
9	Tue	9:21	3.1	10:29	3.9	3:53	1.0	3:49	0.4	5:52	8:32	
10	Wed	10:43	2.9	11:19	4.1	5:08	0.7	4:41	0.6	5:53	8:31	
11	Thu	11:56	2.9			6:17	0.4	5:35	0.9	5:54	8:31	
12	Fri	12:05	4.2	1:00	2.9	7:19	0.1	6:28	1.1	5:54	8:31	
13	Sat	12:49	4.3	2:00	2.9	8:15	-0.2	7:20	1.3	5:55	8:30	
14	Sun	1:28	4.3	2:55	3.0	9:05	-0.4	8:09	1.5	5:56	8:30	
15	Mon	2:03	4.2	3:47	3.0	9:52	-0.5	8:57	1.6	5:56	8:29	
16	Tue	2:35	4.2	4:36	3.1	10:35	-0.5	9:42	1.7	5:57	8:29	
17	Wed	3:05	4.1	5:22	3.1	11:14	-0.4	10:26	1.7	5:58	8:28	
18	Thu	3:36	4.0	6:04	3.2	11:50	-0.3	11:09	1.8	5:58	8:28	
19	Fri	4:11	4.0	6:43	3.3			12:23	-0.2	5:59	8:27	
20	Sat	4:50	3.9	7:21	3.3			12:54	0.0	6:00	8:26	
21	Sun	5:34	3.7	7:57	3.4	12:38	1.7	1:23	0.1	6:01	8:26	
22	Mon	6:24	3.4	8:32	3.5	1:29	1.6	1:53	0.3	6:02	8:25	
23	Tue	7:28	3.1	9:07	3.6	2:30	1.6	2:27	0.5	6:02	8:24	
24	Wed	9:05	2.8	9:41	3.7	3:40	1.4	3:07	0.8	6:03	8:23	
25	Thu	10:40	2.7	10:18	3.9	4:52	1.2	3:54	1.0	6:04	8:23	
26	Fri	11:53	2.7	10:56	4.1	6:00	0.8	4:47	1.2	6:05	8:22	
27	Sat			12:57	2.8	7:00	0.5	5:42	1.4	6:06	8:21	
28	Sun			1:54	2.9	7:53	0.1	6:38	1.5	6:06	8:20	
29	Mon	12:22	4.5	2:47	2.9	8:42	-0.1	7:34	1.5	6:07	8:19	
30	Tue	1:09	4.6	3:35	3.0	9:29	-0.3	8:29	1.5	6:08	8:18	
31	Wed	1:58	4.7	4:21	3.1	10:13	-0.4	9:24	1.4	6:09	8:17	