


































Antioch, CA - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:23	4.0			4:11	1.7	6:20	-0.1	6:38	6:00	
2	Thu	12:16	3.0	11:15 AM	4.1	5:13	1.7	7:05	-0.2	6:37	6:01	
3	Fri	1:04	3.1	12:01	4.1	6:09	1.7	7:45	-0.2	6:35	6:02	
4	Sat	1:47	3.2	12:41	4.1	6:59	1.6	8:20	-0.1	6:34	6:03	
5	Sun	2:26	3.3	1:18	4.0	7:45	1.5	8:50	0.0	6:32	6:04	
6	Mon	3:01	3.3	1:53	3.9	8:29	1.4	9:17	0.1	6:31	6:05	
7	Tue	3:31	3.4	2:29	3.8	9:12	1.3	9:41	0.2	6:30	6:06	
8	Wed	3:53	3.4	3:08	3.7	9:54	1.2	10:02	0.3	6:28	6:07	
9	Thu	4:05	3.5	3:51	3.5	10:38	1.1	10:23	0.5	6:27	6:08	
10	Fri	4:14	3.7	4:41	3.2	11:24	1.0	10:50	0.7	6:25	6:09	
11	Sat	4:37	3.9	5:44	2.9			12:16	0.8	6:24	6:10	
12	Sun	6:11	4.0	8:09	2.7			2:19	0.7	7:22	7:11	
13	Mon	6:54	4.1	9:40	2.5	1:05	1.2	3:33	0.6	7:21	7:12	
14	Tue	7:47	4.1	10:56	2.6	1:56	1.4	4:47	0.4	7:19	7:13	
15	Wed	8:52	4.1			3:01	1.6	5:54	0.1	7:18	7:14	
16	Thu	12:01	2.7	10:12 AM	4.1	4:21	1.7	6:52	-0.1	7:16	7:15	
17	Fri	12:55	2.9	11:33 AM	4.1	5:42	1.6	7:43	-0.3	7:15	7:16	
18	Sat	1:42	3.0	12:42	4.2	6:52	1.4	8:28	-0.3	7:13	7:17	
19	Sun	2:25	3.2	1:41	4.2	7:55	1.2	9:09	-0.3	7:11	7:18	
20	Mon	3:05	3.4	2:36	4.1	8:53	0.9	9:48	-0.2	7:10	7:18	
21	Tue	3:42	3.5	3:30	3.9	9:50	0.7	10:25	0.0	7:08	7:19	
22	Wed	4:17	3.7	4:26	3.6	10:45	0.6	11:00	0.3	7:07	7:20	
23	Thu	4:50	3.8	5:24	3.3	11:40	0.4	11:35	0.6	7:05	7:21	
24	Fri	5:22	3.9	6:27	3.1			12:36	0.3	7:04	7:22	
25	Sat	5:53	3.9	7:35	2.8	12:11	0.8	1:35	0.3	7:02	7:23	
26	Sun	6:29	3.9	8:46	2.7	12:50	1.1	2:37	0.3	7:01	7:24	
27	Mon	7:12	3.8	9:55	2.7	1:36	1.4	3:42	0.2	6:59	7:25	
28	Tue	8:10	3.7	10:58	2.8	2:32	1.6	4:47	0.1	6:58	7:26	
29	Wed	9:27	3.6	11:54	2.9	3:39	1.7	5:46	0.0	6:56	7:27	
30	Thu	10:43	3.6			4:49	1.6	6:37	-0.1	6:55	7:28	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Fri	12:43	3.1	11:45 AM	3.6	5:53	1.5	7:21	-0.1	6:53	7:29	