

































## Antioch, CA - Mar 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:30	3.5	4:12	3.7	10:58	1.1	10:55	0.4	6:37	6:01	
2	Fri	4:47	3.7	5:07	3.4	11:50	1.0	11:25	0.6	6:35	6:02	
3	Sat	5:15	3.9	6:15	3.0			12:50	0.9	6:34	6:03	
4	Sun	5:54	4.1	7:47	2.7	12:01	0.8	2:02	0.8	6:33	6:04	
5	Mon	6:42	4.1	9:16	2.6	12:47	1.1	3:18	0.6	6:31	6:05	
6	Tue	7:41	4.1	10:31	2.7	1:43	1.4	4:31	0.3	6:30	6:06	
7	Wed	8:54	4.1	11:34	2.8	2:56	1.5	5:35	0.0	6:28	6:07	
8	Thu	10:13	4.2			4:17	1.6	6:31	-0.2	6:27	6:08	
9	Fri	12:28	3.0	11:24 AM	4.2	5:32	1.5	7:20	-0.3	6:25	6:09	
10	Sat	1:17	3.2	12:24	4.3	6:36	1.4	8:05	-0.4	6:24	6:10	
11	Sun	3:02	3.3	2:18	4.2	8:35	1.2	9:46	-0.3	7:22	7:11	
12	Mon	3:44	3.4	3:09	4.1	9:31	1.1	10:25	-0.2	7:21	7:12	
13	Tue	4:23	3.5	4:01	3.9	10:25	1.0	11:01	0.0	7:19	7:13	
14	Wed	5:00	3.6	4:54	3.6	11:18	0.9	11:35	0.3	7:18	7:14	
15	Thu	5:33	3.7	5:51	3.3			12:11	0.8	7:16	7:15	
16	Fri	6:03	3.8	6:54	3.0	12:08	0.6	1:06	0.7	7:15	7:16	
17	Sat	6:32	3.8	8:03	2.8	12:41	0.9	2:05	0.6	7:13	7:16	
18	Sun	7:04	3.8	9:13	2.7	1:18	1.1	3:07	0.5	7:12	7:17	
19	Mon	7:46	3.7	10:21	2.7	2:02	1.4	4:13	0.4	7:10	7:18	
20	Tue	8:44	3.7	11:23	2.8	2:58	1.6	5:16	0.3	7:09	7:19	
21	Wed	9:56	3.7			4:04	1.7	6:13	0.1	7:07	7:20	
22	Thu	12:18	2.9	11:04 AM	3.7	5:11	1.6	7:01	0.0	7:06	7:21	
23	Fri	1:06	3.1	12:01	3.8	6:11	1.5	7:43	-0.1	7:04	7:22	
24	Sat	1:49	3.2	12:49	3.8	7:06	1.4	8:20	-0.1	7:02	7:23	
25	Sun	2:28	3.3	1:33	3.9	7:55	1.2	8:53	0.0	7:01	7:24	
26	Mon	3:02	3.3	2:15	3.8	8:43	1.0	9:23	0.1	6:59	7:25	
27	Tue	3:30	3.4	2:57	3.7	9:28	0.9	9:51	0.2	6:58	7:26	
28	Wed	3:50	3.4	3:41	3.6	10:14	0.7	10:17	0.4	6:56	7:27	
29	Thu	4:04	3.6	4:30	3.4	11:01	0.5	10:45	0.5	6:55	7:28	
30	Fri	4:23	3.8	5:24	3.2	11:50	0.4	11:15	0.7	6:53	7:29	
31	Sat	4:52	4.0	6:26	2.9			12:43	0.3	6:52	7:30	