US HARBORS www.USHarbors.com

Antioch, CA - Mar 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:54	3.9	10:05	3.0	2:20	1.2	4:15	0.4	6:37	6:00	
2	Mon	9:52	3.9	11:05	3.1	3:21	1.4	5:16	0.2	6:36	6:01	
3	Tue	10:46	3.9	11:59	3.2	4:23	1.4	6:09	0.0	6:35	6:02	
4	Wed	11:34	4.0			5:21	1.4	6:55	-0.1	6:33	6:03	
5	Thu	12:47	3.3	12:17	4.0	6:14	1.4	7:36	-0.1	6:32	6:04	
6	Fri	1:31	3.4	12:56	3.9	7:03	1.3	8:13	0.0	6:30	6:05	
7	Sat	2:11	3.4	1:31	3.9	7:48	1.3	8:47	0.0	6:29	6:06	
8	Sun	3:47	3.4	3:05	3.8	9:32	1.2	10:17	0.1	7:27	7:07	
9	Mon	4:19	3.4	3:39	3.7	10:14	1.2	10:46	0.3	7:26	7:08	
10	Tue	4:44	3.5	4:15	3.6	10:55	1.1	11:13	0.4	7:24	7:09	
11	Wed	5:02	3.6	4:57	3.5	11:36	1.0	11:40	0.5	7:23	7:10	
12	Thu	5:19	3.7	5:45	3.3			12:21	0.9	7:21	7:11	
13	Fri	5:47	3.9	6:46	3.1	12:11	0.6	1:11	0.8	7:20	7:12	
14	Sat	6:25	4.0	8:08	2.8	12:49	0.8	2:11	0.8	7:18	7:13	
15	Sun	7:11	4.0	9:34	2.7	1:34	1.0	3:22	0.7	7:17	7:14	
16	Mon	8:07	4.0	10:47	2.8	2:31	1.2	4:34	0.5	7:15	7:15	
17	Tue	9:15	4.0	11:50	2.9	3:39	1.3	5:41	0.3	7:14	7:16	
18	Wed	10:31	4.0			4:53	1.3	6:39	0.1	7:12	7:17	
19	Thu	12:45	3.0	11:43 AM	4.1	6:03	1.2	7:31	-0.1	7:11	7:18	
20	Fri	1:34	3.2	12:46	4.1	7:07	1.0	8:18	-0.1	7:09	7:19	
21	Sat	2:19	3.4	1:43	4.1	8:06	0.8	9:02	-0.1	7:08	7:20	
22	Sun	3:01	3.5	2:37	4.1	9:02	0.7	9:44	0.0	7:06	7:21	
23	Mon	3:42	3.6	3:31	3.9	9:57	0.5	10:23	0.1	7:05	7:22	
24	Tue	4:20	3.7	4:26	3.7	10:51	0.4	11:02	0.3	7:03	7:23	
25	Wed	4:57	3.7	5:23	3.5	11:45	0.3	11:41	0.5	7:01	7:24	
26	Thu	5:33	3.8	6:24	3.3			12:40	0.3	7:00	7:25	
27	Fri	6:10	3.8	7:27	3.1	12:20	0.7	1:36	0.3	6:58	7:25	
28	Sat	6:50	3.7	8:33	2.9	1:02	0.9	2:35	0.3	6:57	7:26	
29	Sun	7:41	3.6	9:38	2.9	1:50	1.2	3:36	0.2	6:55	7:27	
30	Mon	8:48	3.5	10:40	3.0	2:46	1.3	4:37	0.2	6:54	7:28	
31	Tue	10:02	3.5	11:37	3.1	3:51	1.4	5:35	0.1	6:52	7:29	