US HARBORS www.USHarbors.com

Antioch, CA - Mar 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:08	3.0	11:13 AM	4.2	5:13	1.5	7:07	-0.3	6:37	6:01	
2	Fri	1:01	3.1	12:10	4.3	6:18	1.5	7:54	-0.4	6:36	6:02	
3	Sat	1:51	3.3	1:02	4.2	7:17	1.4	8:38	-0.4	6:34	6:03	
4	Sun	2:36	3.4	1:50	4.1	8:12	1.3	9:18	-0.3	6:33	6:04	
5	Mon	3:19	3.5	2:38	4.0	9:05	1.2	9:55	-0.1	6:31	6:05	
6	Tue	3:58	3.5	3:25	3.8	9:55	1.2	10:30	0.1	6:30	6:06	
7	Wed	4:34	3.6	4:15	3.5	10:45	1.1	11:02	0.4	6:28	6:07	
8	Thu	5:05	3.6	5:10	3.3	11:36	1.0	11:33	0.6	6:27	6:08	
9	Fri	5:34	3.6	6:13	3.0			12:29	1.0	6:25	6:09	
10	Sat	6:01	3.7	7:23	2.8	12:04	0.9	1:28	0.9	6:24	6:10	
11	Sun	7:32	3.7	9:35	2.7	12:39	1.1	3:31	0.8	7:22	7:11	
12	Mon	8:16	3.7	10:43	2.7	2:24	1.3	4:37	0.6	7:21	7:12	
13	Tue	9:14	3.7	11:44	2.8	3:22	1.5	5:38	0.4	7:19	7:13	
14	Wed	10:20	3.8			4:27	1.6	6:33	0.2	7:18	7:13	
15	Thu	12:38	3.0	11:21 AM	3.9	5:31	1.6	7:20	0.0	7:16	7:14	
16	Fri	1:25	3.1	12:13	4.0	6:29	1.5	8:01	-0.1	7:15	7:15	
17	Sat	2:08	3.2	1:00	4.0	7:22	1.3	8:39	-0.1	7:13	7:16	
18	Sun	2:47	3.2	1:45	4.1	8:12	1.2	9:14	-0.1	7:12	7:17	
19	Mon	3:21	3.3	2:29	4.1	9:00	1.0	9:47	0.0	7:10	7:18	
20	Tue	3:49	3.4	3:15	4.0	9:48	0.8	10:18	0.1	7:09	7:19	
21	Wed	4:12	3.5	4:04	3.8	10:36	0.7	10:48	0.3	7:07	7:20	
22	Thu	4:32	3.7	4:56	3.6	11:27	0.5	11:20	0.4	7:06	7:21	
23	Fri	4:58	3.9	5:55	3.3			12:21	0.4	7:04	7:22	
24	Sat	5:32	4.0	7:04	3.0			1:20	0.3	7:03	7:23	
25	Sun	6:15	4.1	8:22	2.8	12:35	0.8	2:26	0.3	7:01	7:24	
26	Mon	7:06	4.0	9:39	2.7	1:25	1.1	3:36	0.2	7:00	7:25	
27	Tue	8:11	3.9	10:50	2.8	2:29	1.3	4:46	0.1	6:58	7:26	
28	Wed	9:37	3.8	11:53	3.0	3:46	1.4	5:51	-0.1	6:56	7:27	
29	Thu	11:05	3.8			5:05	1.4	6:48	-0.2	6:55	7:28	
30	Fri	12:48	3.2	12:14	3.8	6:16	1.2	7:38	-0.3	6:53	7:28	
31	Sat	1:37	3.3	1:11	3.8	7:19	1.1	8:23	-0.3	6:52	7:29	