

Antioch, CA - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:57	4.1	5:06	3.3	10:57	-0.3	10:17	1.8	6:11	8:16	
2	Sun	3:33	4.0	5:43	3.3	11:29	-0.2	11:01	1.7	6:11	8:15	
3	Mon	4:10	3.9	6:16	3.4	11:58	0.0	11:45	1.7	6:12	8:14	
4	Tue	4:49	3.7	6:44	3.5			12:23	0.2	6:13	8:13	
5	Wed	5:33	3.5	7:07	3.6	12:31	1.6	12:45	0.4	6:14	8:12	
6	Thu	6:26	3.1	7:27	3.7	1:22	1.5	1:08	0.6	6:15	8:11	
7	Fri	7:42	2.8	7:51	3.8	2:23	1.4	1:38	0.9	6:16	8:09	
8	Sat	9:26	2.6	8:26	3.9	3:33	1.2	2:17	1.2	6:17	8:08	
9	Sun	10:52	2.5	9:12	4.0	4:48	1.0	3:06	1.5	6:17	8:07	
10	Mon			12:04	2.6	5:57	0.6	4:07	1.7	6:18	8:06	
11	Tue			1:04	2.7	6:57	0.3	5:15	1.8	6:19	8:05	
12	Wed			1:57	2.8	7:49	0.0	6:22	1.8	6:20	8:04	
13	Thu	12:03	4.5	2:44	2.9	8:35	-0.2	7:22	1.7	6:21	8:02	
14	Fri	12:59	4.6	3:26	3.0	9:17	-0.3	8:19	1.6	6:22	8:01	
15	Sat	1:53	4.7	4:04	3.1	9:57	-0.3	9:14	1.4	6:23	8:00	
16	Sun	2:46	4.7	4:39	3.3	10:34	-0.2	10:09	1.2	6:24	7:59	
17	Mon	3:39	4.5	5:12	3.5	11:08	-0.1	11:05	1.0	6:24	7:57	
18	Tue	4:33	4.3	5:44	3.7	11:42	0.1			6:25	7:56	
19	Wed	5:31	3.9	6:18	4.0	12:04	0.8	12:15	0.3	6:26	7:55	
20	Thu	6:36	3.5	6:56	4.1	1:05	0.7	12:50	0.6	6:27	7:53	
21	Fri	7:51	3.1	7:41	4.2	2:12	0.6	1:30	0.9	6:28	7:52	
22	Sat	9:13	2.8	8:37	4.2	3:24	0.5	2:18	1.2	6:29	7:50	
23	Sun	10:31	2.7	9:45	4.1	4:38	0.3	3:19	1.5	6:30	7:49	
24	Mon	11:42	2.8	10:55	4.1	5:48	0.1	4:31	1.6	6:30	7:48	
25	Tue			12:44	3.0	6:49	-0.1	5:44	1.7	6:31	7:46	
26	Wed			1:38	3.2	7:42	-0.3	6:48	1.7	6:32	7:45	
27	Thu	12:52	4.1	2:26	3.3	8:29	-0.3	7:45	1.6	6:33	7:43	
28	Fri	1:38	4.0	3:09	3.4	9:10	-0.3	8:35	1.6	6:34	7:42	
29	Sat	2:19	4.0	3:48	3.4	9:46	-0.2	9:22	1.5	6:35	7:40	
30	Sun	2:56	3.9	4:23	3.4	10:18	0.0	10:06	1.4	6:36	7:39	
31	Mon	3:32	3.7	4:52	3.5	10:46	0.2	10:48	1.4	6:36	7:37	