

Avalon, Santa Catalina Island, CA - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:12	4.1	2:10	5.2	7:16	1.1	8:52	1.5	6:06	7:52	
2	Mon	2:35	3.5	3:11	5.4	8:05	1.6	10:34	1.2	6:06	7:51	
3	Tue	4:24	3.1	4:20	5.6	9:11	2.0	11:58	0.7	6:07	7:51	
4	Wed	6:12	3.2	5:28	5.9	10:33	2.3			6:08	7:50	
5	Thu	7:26	3.5	6:29	6.2	1:01	0.1	11:53 AM	2.3	6:09	7:49	
6	Fri	8:17	3.9	7:23	6.4	1:52	-0.3	12:58	2.2	6:09	7:48	
7	Sat	8:57	4.2	8:10	6.5	2:36	-0.6	1:53	2.0	6:10	7:47	
8	Sun	9:33	4.4	8:52	6.4	3:15	-0.7	2:40	1.8	6:11	7:46	
9	Mon	10:07	4.6	9:32	6.2	3:50	-0.6	3:23	1.7	6:11	7:45	
10	Tue	10:40	4.7	10:09	5.9	4:22	-0.4	4:04	1.6	6:12	7:44	
11	Wed	11:11	4.7	10:44	5.5	4:52	-0.1	4:42	1.6	6:13	7:43	
12	Thu	11:42	4.7	11:19	5.0	5:18	0.3	5:21	1.7	6:14	7:42	
13	Fri			12:13	4.7	5:44	0.7	6:02	1.8	6:14	7:41	
14	Sat			12:45	4.6	6:08	1.2	6:50	1.9	6:15	7:40	
15	Sun	12:35	3.8	1:22	4.6	6:33	1.6	7:52	2.1	6:16	7:39	
16	Mon	1:30	3.3	2:08	4.5	7:00	2.0	9:28	2.0	6:16	7:38	
17	Tue	3:06	2.9	3:09	4.6	7:36	2.4	11:17	1.8	6:17	7:36	
18	Wed	5:28	2.9	4:21	4.7	8:48	2.7			6:18	7:35	
19	Thu	6:59	3.1	5:27	5.0	12:21	1.3	10:33 AM	2.8	6:18	7:34	
20	Fri	7:37	3.5	6:21	5.3	1:05	0.8	11:51 AM	2.7	6:19	7:33	
21	Sat	8:07	3.8	7:07	5.7	1:41	0.4	12:47	2.4	6:20	7:32	
22	Sun	8:35	4.1	7:49	6.0	2:13	0.1	1:33	2.1	6:20	7:31	
23	Mon	9:03	4.5	8:29	6.2	2:44	-0.2	2:16	1.7	6:21	7:29	
24	Tue	9:32	4.8	9:08	6.2	3:15	-0.4	2:58	1.3	6:22	7:28	
25	Wed	10:03	5.1	9:49	6.1	3:46	-0.3	3:41	1.0	6:23	7:27	
26	Thu	10:35	5.4	10:33	5.7	4:18	-0.2	4:27	0.8	6:23	7:26	
27	Fri	11:10	5.5	11:19	5.2	4:51	0.1	5:15	0.7	6:24	7:24	
28	Sat	11:48	5.6			5:25	0.6	6:09	0.8	6:25	7:23	
29	Sun	12:13	4.5	12:33	5.6	6:01	1.1	7:13	0.9	6:25	7:22	
30	Mon	1:19	3.9	1:26	5.5	6:42	1.7	8:35	1.0	6:26	7:21	
31	Tue	2:50	3.4	2:33	5.4	7:34	2.2	10:16	0.9	6:27	7:19	