





























Avalon, Santa Catalina Island, CA - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:09	5.5	6:35	3.0			12:32	0.3	6:57	4:56	
2	Mon	5:50	5.8	7:37	3.1			1:18	-0.2	6:57	4:57	
3	Tue	6:28	5.9	8:24	3.2			1:58	-0.6	6:57	4:58	
4	Wed	7:03	6.0	9:04	3.3	12:29	2.2	2:34	-0.8	6:57	4:59	
5	Thu	7:37	6.1	9:39	3.3	1:07	2.3	3:07	-0.9	6:57	4:59	
6	Fri	8:10	6.1	10:13	3.3	1:43	2.3	3:39	-0.9	6:57	5:00	
7	Sat	8:41	6.0	10:47	3.3	2:17	2.3	4:09	-0.8	6:57	5:01	
8	Sun	9:10	5.8	11:21	3.4	2:51	2.4	4:38	-0.7	6:57	5:02	
9	Mon	9:40	5.5	11:55	3.4	3:25	2.4	5:06	-0.4	6:57	5:03	
10	Tue	10:10	5.2			4:02	2.5	5:34	-0.2	6:57	5:04	
11	Wed	12:30	3.5	10:43 AM	4.7	4:46	2.5	6:01	0.2	6:57	5:04	
12	Thu	1:05	3.6	11:22 AM	4.2	5:43	2.6	6:31	0.5	6:57	5:05	
13	Fri	1:41	3.8	12:15	3.5	7:01	2.5	7:03	0.9	6:57	5:06	
14	Sat	2:21	4.1	1:37	2.9	8:46	2.2	7:43	1.3	6:57	5:07	
15	Sun	3:06	4.5	3:47	2.6	10:28	1.5	8:37	1.7	6:56	5:08	
16	Mon	3:56	4.9	5:45	2.6	11:36	0.7	9:42	2.0	6:56	5:09	
17	Tue	4:47	5.4	6:59	2.9			12:28	-0.1	6:56	5:10	
18	Wed	5:38	5.9	7:51	3.2			1:15	-0.9	6:56	5:11	
19	Thu	6:28	6.4	8:35	3.5			2:00	-1.5	6:55	5:12	
20	Fri	7:17	6.8	9:16	3.7	12:47	2.1	2:44	-1.9	6:55	5:13	
21	Sat	8:04	7.0	9:57	3.9	1:40	1.9	3:26	-2.0	6:55	5:14	
22	Sun	8:51	6.9	10:38	4.0	2:32	1.8	4:07	-1.9	6:54	5:15	
23	Mon	9:38	6.5	11:19	4.2	3:25	1.6	4:46	-1.5	6:54	5:16	
24	Tue	10:25	5.9			4:19	1.6	5:25	-1.0	6:53	5:17	
25	Wed	12:02	4.3	11:16 AM	5.1	5:19	1.6	6:02	-0.3	6:53	5:18	
26	Thu	12:47	4.5	12:13	4.1	6:30	1.7	6:39	0.4	6:52	5:19	
27	Fri	1:35	4.6	1:27	3.2	8:02	1.6	7:17	1.1	6:52	5:19	
28	Sat	2:28	4.7	3:15	2.6	9:51	1.3	8:02	1.7	6:51	5:20	
29	Sun	3:26	4.9	5:40	2.5	11:19	0.7	9:07	2.2	6:50	5:21	
30	Mon	4:27	5.0	7:10	2.8			12:21	0.2	6:50	5:22	
31	Tue	5:22	5.2	7:56	3.0			1:08	-0.2	6:49	5:23	