US HARBORS www.USHarbors.com

Benicia, CA - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:22	5.6	4:53	3.8	10:27	0.7	9:57	1.5	6:39	6:02	
2	Mon	4:02	5.7	6:20	3.5	11:34	0.7	10:46	2.0	6:37	6:03	
3	Tue	4:50	5.7	7:50	3.5			1:05	0.7	6:36	6:04	
4	Wed	5:50	5.6	9:08	3.7			2:33	0.5	6:35	6:05	
5	Thu	7:04	5.4	10:10	4.0	1:10	2.6	3:42	0.2	6:33	6:06	
6	Fri	8:30	5.3	11:02	4.3	2:40	2.5	4:39	-0.1	6:32	6:07	
7	Sat	9:49	5.4	11:46	4.6	3:57	2.2	5:26	-0.3	6:30	6:08	
8	Sun	11:54	5.4			6:01	1.7	7:08	-0.3	7:29	7:09	
9	Mon	1:25	4.8	12:50	5.4	6:58	1.2	7:45	-0.2	7:27	7:10	
10	Tue	2:01	5.0	1:42	5.2	7:51	0.8	8:19	0.0	7:26	7:11	
11	Wed	2:34	5.1	2:33	5.0	8:42	0.5	8:49	0.3	7:24	7:12	
12	Thu	3:04	5.2	3:23	4.7	9:30	0.4	9:17	0.7	7:23	7:13	
13	Fri	3:30	5.3	4:16	4.4	10:18	0.3	9:46	1.1	7:21	7:13	
14	Sat	3:54	5.3	5:13	4.2	11:07	0.3	10:18	1.5	7:20	7:14	
15	Sun	4:20	5.3	6:17	3.9			12:00	0.4	7:18	7:15	
16	Mon	4:50	5.2	7:27	3.8			1:00	0.5	7:17	7:16	
17	Tue	5:29	5.0	8:38	3.7			2:07	0.5	7:15	7:17	
18	Wed	6:20	4.7	9:44	3.9	12:43	2.6	3:14	0.5	7:14	7:18	
19	Thu	7:30	4.5	10:41	4.0	2:01	2.7	4:14	0.3	7:12	7:19	
20	Fri	9:00	4.3	11:29	4.2	3:22	2.6	5:04	0.1	7:11	7:20	
21	Sat	10:18	4.3			4:31	2.2	5:46	0.0	7:09	7:21	
22	Sun	12:10	4.3	11:18 AM	4.4	5:28	1.8	6:21	0.0	7:08	7:22	
23	Mon	12:44	4.4	12:08	4.4	6:17	1.4	6:51	0.2	7:06	7:23	
24	Tue	1:12	4.6	12:54	4.4	7:02	1.0	7:17	0.3	7:04	7:24	
25	Wed	1:34	4.7	1:38	4.4	7:44	0.7	7:40	0.6	7:03	7:25	
26	Thu	1:51	4.9	2:24	4.4	8:24	0.5	8:05	0.9	7:01	7:26	
27	Fri	2:09	5.3	3:12	4.3	9:04	0.3	8:35	1.2	7:00	7:27	
28	Sat	2:34	5.6	4:05	4.1	9:46	0.1	9:10	1.5	6:58	7:28	
29	Sun	3:07	5.9	5:05	3.9	10:31	0.1	9:52	1.8	6:57	7:28	
30	Mon	3:46	6.0	6:14	3.8	11:26	0.1	10:41	2.1	6:55	7:29	
31	Tue	4:32	5.9	7:30	3.7			12:34	0.2	6:54	7:30	