

El Segundo, Santa Monica Bay, CA - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:35	4.0	2:27	5.1	7:39	1.0	9:14	1.3	6:05	7:54	
2	Mon	2:58	3.4	3:29	5.2	8:31	1.5	10:47	1.0	6:06	7:53	
3	Tue	4:48	3.1	4:38	5.4	9:38	2.0			6:07	7:52	
4	Wed	6:32	3.2	5:46	5.6	12:10	0.5	11:01 AM	2.2	6:07	7:51	
5	Thu	7:43	3.5	6:47	5.9	1:14	0.0	12:19	2.2	6:08	7:50	
6	Fri	8:33	3.8	7:40	6.1	2:05	-0.4	1:22	2.0	6:09	7:49	
7	Sat	9:13	4.1	8:26	6.2	2:48	-0.6	2:14	1.8	6:09	7:48	
8	Sun	9:48	4.3	9:09	6.2	3:26	-0.7	2:59	1.6	6:10	7:47	
9	Mon	10:20	4.5	9:48	6.0	4:01	-0.7	3:41	1.5	6:11	7:46	
10	Tue	10:52	4.6	10:25	5.7	4:34	-0.5	4:20	1.4	6:12	7:45	
11	Wed	11:22	4.7	11:01	5.3	5:04	-0.2	4:59	1.4	6:12	7:44	
12	Thu	11:52	4.7	11:37	4.8	5:33	0.2	5:39	1.4	6:13	7:43	
13	Fri			12:22	4.7	6:01	0.6	6:22	1.5	6:14	7:42	
14	Sat	12:14	4.3	12:55	4.6	6:28	1.1	7:11	1.7	6:14	7:41	
15	Sun	12:57	3.7	1:32	4.5	6:55	1.6	8:14	1.8	6:15	7:40	
16	Mon	1:55	3.2	2:18	4.4	7:24	2.0	9:43	1.8	6:16	7:39	
17	Tue	3:39	2.8	3:21	4.4	8:01	2.4	11:25	1.6	6:17	7:38	
18	Wed	6:19	2.8	4:35	4.5	9:18	2.7			6:17	7:36	
19	Thu	7:33	3.1	5:42	4.7	12:36	1.2	11:07 AM	2.8	6:18	7:35	
20	Fri	8:05	3.4	6:36	5.1	1:22	0.8	12:20	2.6	6:19	7:34	
21	Sat	8:31	3.7	7:21	5.4	1:58	0.4	1:11	2.4	6:19	7:33	
22	Sun	8:55	4.0	8:03	5.8	2:29	0.0	1:54	2.0	6:20	7:32	
23	Mon	9:20	4.3	8:43	6.0	3:00	-0.3	2:35	1.6	6:21	7:30	
24	Tue	9:48	4.6	9:23	6.1	3:31	-0.4	3:16	1.2	6:22	7:29	
25	Wed	10:18	4.9	10:05	6.0	4:02	-0.4	3:59	0.9	6:22	7:28	
26	Thu	10:50	5.2	10:49	5.6	4:35	-0.3	4:45	0.7	6:23	7:27	
27	Fri	11:26	5.4	11:37	5.1	5:09	0.1	5:34	0.6	6:24	7:25	
28	Sat			12:06	5.5	5:44	0.5	6:30	0.6	6:24	7:24	
29	Sun	12:31	4.5	12:51	5.5	6:23	1.0	7:36	0.7	6:25	7:23	
30	Mon	1:38	3.9	1:45	5.4	7:07	1.6	8:57	0.8	6:26	7:22	
31	Tue	3:10	3.4	2:53	5.3	8:04	2.1	10:29	0.7	6:26	7:20	