

La Jolla, CA - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:13	4.2	2:07	5.2	7:18	1.1	8:55	1.4	6:02	7:47	
2	Mon	2:36	3.5	3:10	5.3	8:09	1.7	10:30	1.1	6:03	7:46	
3	Tue	4:29	3.2	4:20	5.5	9:17	2.1	11:54	0.6	6:04	7:45	
4	Wed	6:16	3.3	5:28	5.8	10:42	2.4			6:05	7:45	
5	Thu	7:26	3.6	6:29	6.0	12:57	0.1	12:00	2.3	6:05	7:44	
6	Fri	8:15	4.0	7:21	6.3	1:47	-0.3	1:03	2.2	6:06	7:43	
7	Sat	8:54	4.2	8:07	6.4	2:30	-0.6	1:54	1.9	6:07	7:42	
8	Sun	9:28	4.5	8:49	6.4	3:08	-0.6	2:39	1.7	6:07	7:41	
9	Mon	10:00	4.7	9:28	6.2	3:42	-0.6	3:20	1.6	6:08	7:40	
10	Tue	10:31	4.8	10:04	5.9	4:14	-0.4	3:59	1.5	6:09	7:39	
11	Wed	11:01	4.8	10:40	5.5	4:44	-0.1	4:38	1.5	6:09	7:38	
12	Thu	11:30	4.8	11:15	5.0	5:12	0.3	5:17	1.5	6:10	7:37	
13	Fri			12:01	4.8	5:40	0.7	5:59	1.7	6:11	7:36	
14	Sat			12:33	4.7	6:06	1.2	6:49	1.8	6:11	7:35	
15	Sun	12:34	3.9	1:11	4.7	6:33	1.7	7:52	1.9	6:12	7:34	
16	Mon	1:30	3.3	1:57	4.6	7:00	2.1	9:23	2.0	6:13	7:33	
17	Tue	3:13	2.9	3:00	4.5	7:35	2.5	11:08	1.7	6:13	7:31	
18	Wed	6:01	2.9	4:15	4.6	8:51	2.8			6:14	7:30	
19	Thu	7:14	3.2	5:23	4.9	12:18	1.3	10:45 AM	2.9	6:15	7:29	
20	Fri	7:45	3.5	6:17	5.3	1:04	0.9	11:59 AM	2.7	6:15	7:28	
21	Sat	8:10	3.8	7:02	5.6	1:39	0.5	12:51	2.4	6:16	7:27	
22	Sun	8:34	4.1	7:43	6.0	2:10	0.1	1:34	2.1	6:17	7:26	
23	Mon	9:00	4.4	8:23	6.2	2:41	-0.2	2:15	1.7	6:17	7:25	
24	Tue	9:27	4.8	9:04	6.3	3:11	-0.3	2:56	1.3	6:18	7:23	
25	Wed	9:58	5.1	9:45	6.2	3:43	-0.3	3:39	1.0	6:19	7:22	
26	Thu	10:30	5.4	10:29	5.8	4:15	-0.2	4:24	0.8	6:19	7:21	
27	Fri	11:06	5.6	11:17	5.3	4:49	0.1	5:14	0.7	6:20	7:20	
28	Sat	11:46	5.7			5:24	0.6	6:10	0.7	6:21	7:18	
29	Sun	12:10	4.6	12:31	5.6	6:02	1.1	7:16	0.8	6:21	7:17	
30	Mon	1:17	4.0	1:25	5.5	6:46	1.7	8:38	0.9	6:22	7:16	
31	Tue	2:49	3.5	2:34	5.4	7:42	2.2	10:12	0.8	6:23	7:15	