






















La Jolla, CA - Sep 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:39	4.0	7:32	5.7	2:07	0.1	1:26	2.4	6:23	7:14	
2	Sun	8:56	4.3	8:08	5.9	2:34	-0.1	2:01	2.0	6:24	7:13	
3	Mon	9:15	4.6	8:44	6.0	2:59	-0.2	2:37	1.6	6:24	7:11	
4	Tue	9:38	4.9	9:21	5.9	3:25	-0.2	3:15	1.2	6:25	7:10	
5	Wed	10:03	5.2	10:00	5.6	3:51	0.0	3:55	0.9	6:26	7:09	
6	Thu	10:31	5.5	10:43	5.2	4:17	0.3	4:39	0.6	6:26	7:07	
7	Fri	11:01	5.8	11:31	4.5	4:45	0.7	5:28	0.5	6:27	7:06	
8	Sat	11:37	5.8			5:13	1.2	6:25	0.6	6:28	7:05	
9	Sun	12:29	3.8	12:18	5.8	5:42	1.8	7:37	0.6	6:28	7:03	
10	Mon	1:54	3.2	1:12	5.6	6:15	2.4	9:10	0.7	6:29	7:02	
11	Tue	4:25	3.0	2:28	5.4	7:02	2.9	10:50	0.4	6:30	7:01	
12	Wed	6:32	3.4	4:03	5.4	9:18	3.2			6:30	6:59	
13	Thu	7:14	3.8	5:29	5.5	12:05	0.1	11:21 AM	3.0	6:31	6:58	
14	Fri	7:44	4.2	6:34	5.8	12:59	-0.2	12:34	2.5	6:32	6:57	
15	Sat	8:12	4.5	7:27	5.9	1:41	-0.3	1:26	1.9	6:32	6:55	
16	Sun	8:39	4.9	8:12	5.9	2:17	-0.3	2:11	1.4	6:33	6:54	
17	Mon	9:05	5.1	8:53	5.7	2:48	-0.2	2:51	1.0	6:33	6:53	
18	Tue	9:29	5.4	9:31	5.4	3:16	0.1	3:29	0.7	6:34	6:51	
19	Wed	9:53	5.5	10:08	5.0	3:41	0.5	4:06	0.6	6:35	6:50	
20	Thu	10:17	5.6	10:46	4.6	4:04	0.9	4:43	0.5	6:35	6:48	
21	Fri	10:40	5.5	11:25	4.1	4:25	1.4	5:21	0.6	6:36	6:47	
22	Sat	11:04	5.4			4:44	1.8	6:03	0.8	6:37	6:46	
23	Sun	12:11	3.6	11:30 AM	5.2	5:00	2.2	6:54	1.0	6:37	6:44	
24	Mon	1:13	3.1	12:00	4.9	5:07	2.6	8:04	1.2	6:38	6:43	
25	Tue			12:43	4.6			9:44	1.3	6:39	6:42	
26	Wed			2:06	4.4			11:14	1.1	6:39	6:40	
27	Thu			4:05	4.4					6:40	6:39	
28	Fri	7:29	3.7	5:25	4.6	12:09	0.8	11:42 AM	3.1	6:41	6:38	
29	Sat	7:35	4.0	6:20	4.9	12:47	0.6	12:30	2.6	6:41	6:36	
30	Sun	7:48	4.3	7:04	5.2	1:18	0.4	1:09	2.1	6:42	6:35	