US HARBORS www.USHarbors.com

La Jolla, CA - Jul 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:18	4.1	9:22	7.1	3:50	-1.5	3:04	1.8	5:44	8:01	
2	Sun	11:07	4.2	10:09	7.0	4:36	-1.6	3:54	1.8	5:45	8:01	
3	Mon	11:57	4.2	10:58	6.6	5:23	-1.5	4:47	1.9	5:45	8:01	
4	Tue			12:50	4.3	6:11	-1.2	5:46	2.1	5:45	8:01	
5	Wed			1:45	4.4	7:00	-0.8	6:53	2.2	5:46	8:00	
6	Thu	12:46	5.3	2:43	4.5	7:50	-0.2	8:14	2.2	5:46	8:00	
7	Fri	1:52	4.6	3:42	4.7	8:43	0.4	9:46	2.1	5:47	8:00	
8	Sat	3:12	3.9	4:39	4.9	9:38	0.9	11:17	1.7	5:47	8:00	
9	Sun	4:47	3.5	5:30	5.1	10:35	1.4			5:48	8:00	
10	Mon	6:20	3.3	6:15	5.3	12:30	1.2	11:30 AM	1.8	5:49	7:59	
11	Tue	7:34	3.4	6:54	5.5	1:25	0.7	12:20	2.1	5:49	7:59	
12	Wed	8:29	3.5	7:29	5.7	2:09	0.3	1:04	2.2	5:50	7:59	
13	Thu	9:12	3.6	8:02	5.8	2:45	0.0	1:42	2.3	5:50	7:58	
14	Fri	9:47	3.7	8:33	5.9	3:18	-0.2	2:16	2.4	5:51	7:58	
15	Sat	10:18	3.8	9:04	5.9	3:49	-0.4	2:49	2.3	5:51	7:58	
16	Sun	10:47	3.8	9:35	5.9	4:19	-0.4	3:22	2.3	5:52	7:57	
17	Mon	11:18	3.9	10:07	5.8	4:49	-0.4	3:56	2.3	5:53	7:57	
18	Tue	11:50	3.9	10:40	5.6	5:20	-0.3	4:31	2.3	5:53	7:56	
19	Wed			12:24	3.9	5:51	-0.1	5:10	2.4	5:54	7:56	
20	Thu			1:00	4.0	6:23	0.2	5:56	2.5	5:55	7:55	
21	Fri			1:41	4.1	6:57	0.5	6:54	2.5	5:55	7:55	
22	Sat	12:35	4.4	2:25	4.3	7:33	0.9	8:11	2.5	5:56	7:54	
23	Sun	1:34	3.9	3:15	4.5	8:14	1.2	9:47	2.2	5:57	7:53	
24	Mon	3:04	3.3	4:09	4.9	9:04	1.6	11:18	1.6	5:57	7:53	
25	Tue	4:59	3.1	5:04	5.3	10:06	1.9			5:58	7:52	
26	Wed	6:36	3.3	5:57	5.8	12:27	0.9	11:13 AM	2.1	5:59	7:52	
27	Thu	7:43	3.5	6:48	6.3	1:21	0.1	12:17	2.2	5:59	7:51	
28	Fri	8:35	3.9	7:37	6.7	2:08	-0.5	1:15	2.1	6:00	7:50	
29	Sat	9:20	4.2	8:26	7.0	2:53	-1.0	2:08	1.9	6:01	7:49	
30	Sun	10:02	4.4	9:13	7.1	3:36	-1.3	2:58	1.7	6:01	7:49	
31	Mon	10:44	4.6	10:00	7.0	4:19	-1.4	3:49	1.6	6:02	7:48	