

La Jolla, CA - Aug 2010

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|-----|-------|-----|-------|------|----------|-----|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 12:47 | 3.5 | 1:45 | 4.6 | 6:48 | 1.7 | 8:45 | 2.1 | 6:02 | 7:47 | ☾ |
| 2 | Mon | 1:57 | 2.9 | 2:35 | 4.7 | 7:09 | 2.1 | 10:34 | 1.8 | 6:03 | 7:46 | ☾ |
| 3 | Tue | 4:35 | 2.6 | 3:40 | 4.9 | 7:35 | 2.5 | | | 6:04 | 7:46 | ☾ |
| 4 | Wed | | | 4:51 | 5.2 | 12:02 | 1.2 | | | 6:04 | 7:45 | ☾ |
| 5 | Thu | 7:56 | 3.2 | 5:54 | 5.7 | 12:56 | 0.6 | 11:06 AM | 2.9 | 6:05 | 7:44 | ☾ |
| 6 | Fri | 8:22 | 3.5 | 6:49 | 6.2 | 1:39 | 0.0 | 12:22 | 2.7 | 6:06 | 7:43 | ☾ |
| 7 | Sat | 8:50 | 3.9 | 7:38 | 6.6 | 2:16 | -0.5 | 1:20 | 2.3 | 6:06 | 7:42 | ☾ |
| 8 | Sun | 9:19 | 4.2 | 8:25 | 6.9 | 2:53 | -0.9 | 2:11 | 1.9 | 6:07 | 7:41 | ☾ |
| 9 | Mon | 9:50 | 4.6 | 9:11 | 6.9 | 3:29 | -1.1 | 2:59 | 1.5 | 6:08 | 7:40 | ☾ |
| 10 | Tue | 10:23 | 4.9 | 9:57 | 6.7 | 4:04 | -1.0 | 3:49 | 1.1 | 6:09 | 7:39 | ☾ |
| 11 | Wed | 10:59 | 5.3 | 10:45 | 6.2 | 4:40 | -0.8 | 4:40 | 0.9 | 6:09 | 7:38 | ☾ |
| 12 | Thu | 11:36 | 5.5 | 11:35 | 5.4 | 5:16 | -0.3 | 5:35 | 0.9 | 6:10 | 7:37 | ☾ |
| 13 | Fri | | | 12:17 | 5.6 | 5:51 | 0.3 | 6:36 | 0.9 | 6:11 | 7:36 | ☾ |
| 14 | Sat | 12:31 | 4.6 | 1:02 | 5.6 | 6:28 | 1.0 | 7:49 | 1.0 | 6:11 | 7:35 | ☾ |
| 15 | Sun | 1:42 | 3.7 | 1:56 | 5.5 | 7:07 | 1.7 | 9:18 | 1.0 | 6:12 | 7:34 | ☾ |
| 16 | Mon | 3:27 | 3.2 | 3:02 | 5.4 | 7:55 | 2.3 | 10:57 | 0.8 | 6:13 | 7:33 | ☾ |
| 17 | Tue | 5:52 | 3.1 | 4:21 | 5.3 | 9:16 | 2.8 | | | 6:13 | 7:32 | ☾ |
| 18 | Wed | 7:23 | 3.5 | 5:37 | 5.4 | 12:17 | 0.5 | 11:07 AM | 3.0 | 6:14 | 7:31 | ☾ |
| 19 | Thu | 8:07 | 3.8 | 6:37 | 5.6 | 1:14 | 0.2 | 12:26 | 2.8 | 6:15 | 7:30 | ☾ |
| 20 | Fri | 8:37 | 4.0 | 7:24 | 5.7 | 1:58 | 0.0 | 1:19 | 2.5 | 6:15 | 7:28 | ☾ |
| 21 | Sat | 9:02 | 4.2 | 8:03 | 5.8 | 2:32 | -0.1 | 1:58 | 2.3 | 6:16 | 7:27 | ☾ |
| 22 | Sun | 9:23 | 4.3 | 8:37 | 5.8 | 3:01 | -0.1 | 2:32 | 2.0 | 6:17 | 7:26 | ☾ |
| 23 | Mon | 9:43 | 4.5 | 9:08 | 5.8 | 3:27 | 0.0 | 3:03 | 1.7 | 6:17 | 7:25 | ☾ |
| 24 | Tue | 10:03 | 4.6 | 9:38 | 5.6 | 3:50 | 0.1 | 3:33 | 1.5 | 6:18 | 7:24 | ☾ |
| 25 | Wed | 10:23 | 4.8 | 10:08 | 5.3 | 4:11 | 0.3 | 4:05 | 1.4 | 6:19 | 7:22 | ☾ |
| 26 | Thu | 10:45 | 4.9 | 10:39 | 4.9 | 4:32 | 0.6 | 4:39 | 1.3 | 6:19 | 7:21 | ☾ |
| 27 | Fri | 11:08 | 5.0 | 11:12 | 4.5 | 4:53 | 0.9 | 5:16 | 1.3 | 6:20 | 7:20 | ☾ |
| 28 | Sat | 11:33 | 5.0 | 11:49 | 3.9 | 5:12 | 1.3 | 5:57 | 1.4 | 6:21 | 7:19 | ☾ |
| 29 | Sun | | | 12:02 | 5.0 | 5:31 | 1.7 | 6:49 | 1.5 | 6:21 | 7:17 | ☾ |
| 30 | Mon | 12:36 | 3.4 | 12:37 | 5.0 | 5:47 | 2.1 | 8:01 | 1.6 | 6:22 | 7:16 | ☾ |
| 31 | Tue | 1:55 | 2.9 | 1:27 | 4.9 | 5:59 | 2.4 | 9:45 | 1.5 | 6:23 | 7:15 | ☾ |