






























La Jolla, CA - Jun 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:28	3.5	7:52	5.8	2:22	0.0	1:26	1.5	5:41	7:52	
2	Fri	9:17	3.5	8:24	6.2	3:01	-0.6	1:59	1.7	5:41	7:52	
3	Sat	10:06	3.5	9:00	6.4	3:41	-1.0	2:35	1.9	5:41	7:53	
4	Sun	10:57	3.5	9:39	6.5	4:24	-1.3	3:14	2.1	5:40	7:53	
5	Mon	11:51	3.4	10:23	6.4	5:10	-1.4	3:57	2.3	5:40	7:54	
6	Tue			12:49	3.4	6:00	-1.4	4:47	2.4	5:40	7:54	
7	Wed			1:52	3.5	6:54	-1.2	5:49	2.6	5:40	7:55	
8	Thu	12:08	5.7	2:56	3.7	7:50	-0.8	7:12	2.7	5:40	7:55	
9	Fri	1:13	5.1	3:55	4.0	8:47	-0.5	8:55	2.6	5:40	7:56	
10	Sat	2:32	4.5	4:46	4.4	9:44	0.0	10:35	2.1	5:40	7:56	
11	Sun	4:01	4.0	5:30	4.9	10:37	0.4	11:56	1.4	5:40	7:57	
12	Mon	5:31	3.6	6:10	5.3	11:26	0.8			5:40	7:57	
13	Tue	6:51	3.5	6:47	5.7	1:00	0.7	12:11	1.2	5:40	7:58	
14	Wed	7:59	3.4	7:22	6.0	1:52	0.0	12:52	1.6	5:40	7:58	
15	Thu	8:58	3.5	7:56	6.1	2:37	-0.5	1:31	1.9	5:40	7:58	
16	Fri	9:49	3.5	8:30	6.2	3:17	-0.8	2:08	2.2	5:40	7:59	
17	Sat	10:34	3.5	9:03	6.1	3:55	-0.9	2:44	2.3	5:40	7:59	
18	Sun	11:16	3.5	9:37	6.0	4:32	-0.9	3:19	2.5	5:40	7:59	
19	Mon	11:57	3.4	10:12	5.8	5:08	-0.8	3:55	2.6	5:40	8:00	
20	Tue			12:39	3.4	5:45	-0.6	4:32	2.7	5:41	8:00	
21	Wed			1:23	3.4	6:23	-0.3	5:13	2.8	5:41	8:00	
22	Thu			2:09	3.4	7:01	0.0	6:04	2.9	5:41	8:00	
23	Fri	12:04	4.8	2:57	3.6	7:40	0.3	7:12	2.9	5:41	8:00	
24	Sat	12:49	4.3	3:42	3.8	8:20	0.6	8:43	2.9	5:41	8:01	
25	Sun	1:47	3.8	4:22	4.0	9:00	1.0	10:22	2.5	5:42	8:01	
26	Mon	3:08	3.3	4:57	4.4	9:41	1.3	11:42	2.0	5:42	8:01	
27	Tue	4:48	3.0	5:30	4.8	10:23	1.6			5:42	8:01	
28	Wed	6:20	3.0	6:04	5.2	12:40	1.3	11:09 AM	1.9	5:43	8:01	
29	Thu	7:34	3.1	6:41	5.7	1:26	0.6	11:56 AM	2.1	5:43	8:01	
30	Fri	8:32	3.3	7:20	6.2	2:08	-0.1	12:44	2.2	5:44	8:01	