








La Jolla, CA - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:33	4.1	3:33	4.3	8:27	0.8	9:38	2.3	5:44	8:01	
2	Wed	2:42	3.5	4:18	4.5	9:06	1.3	11:11	2.0	5:45	8:01	
3	Thu	4:20	3.0	5:01	4.7	9:46	1.8			5:45	8:01	
4	Fri	6:14	2.8	5:40	4.9	12:25	1.4	10:32 AM	2.2	5:46	8:01	
5	Sat	7:44	2.9	6:18	5.2	1:18	0.9	11:22 AM	2.5	5:46	8:01	
6	Sun	8:42	3.1	6:55	5.5	1:59	0.4	12:13	2.7	5:47	8:00	
7	Mon	9:21	3.3	7:32	5.7	2:35	0.0	1:00	2.7	5:47	8:00	
8	Tue	9:52	3.4	8:08	6.0	3:08	-0.3	1:43	2.7	5:48	8:00	
9	Wed	10:21	3.5	8:45	6.1	3:41	-0.6	2:22	2.6	5:48	8:00	
10	Thu	10:50	3.6	9:21	6.3	4:13	-0.7	3:01	2.5	5:49	7:59	
11	Fri	11:20	3.7	9:58	6.3	4:46	-0.8	3:40	2.4	5:49	7:59	
12	Sat	11:52	3.9	10:35	6.1	5:19	-0.8	4:22	2.3	5:50	7:59	
13	Sun			12:26	4.0	5:52	-0.6	5:10	2.3	5:50	7:58	
14	Mon			1:03	4.2	6:26	-0.3	6:06	2.3	5:51	7:58	
15	Tue	12:00	5.2	1:42	4.5	7:00	0.1	7:14	2.2	5:52	7:58	
16	Wed	12:54	4.5	2:26	4.8	7:36	0.6	8:40	2.0	5:52	7:57	
17	Thu	2:06	3.7	3:16	5.1	8:15	1.2	10:20	1.5	5:53	7:57	
18	Fri	3:53	3.1	4:11	5.5	9:02	1.8	11:50	0.8	5:53	7:56	
19	Sat	6:03	2.9	5:10	5.8	10:04	2.3			5:54	7:56	
20	Sun	7:40	3.2	6:08	6.2	12:59	0.1	11:20 AM	2.6	5:55	7:55	
21	Mon	8:39	3.5	7:04	6.5	1:53	-0.5	12:32	2.6	5:55	7:55	
22	Tue	9:23	3.8	7:55	6.8	2:40	-1.0	1:34	2.5	5:56	7:54	
23	Wed	10:00	4.0	8:43	6.8	3:22	-1.2	2:27	2.3	5:57	7:54	
24	Thu	10:34	4.1	9:27	6.8	4:02	-1.3	3:15	2.1	5:57	7:53	
25	Fri	11:08	4.3	10:09	6.5	4:39	-1.1	4:00	2.0	5:58	7:52	
26	Sat	11:42	4.4	10:49	6.0	5:14	-0.8	4:45	1.9	5:59	7:52	
27	Sun			12:15	4.4	5:46	-0.4	5:31	2.0	5:59	7:51	
28	Mon			12:48	4.5	6:16	0.2	6:20	2.0	6:00	7:50	
29	Tue	12:07	4.7	1:23	4.5	6:44	0.7	7:18	2.1	6:01	7:49	
30	Wed	12:51	4.0	2:00	4.6	7:09	1.3	8:33	2.1	6:01	7:49	
31	Thu	1:49	3.3	2:42	4.6	7:31	1.9	10:12	1.9	6:02	7:48	