

































## La Jolla, CA - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:38	6.7	8:45	3.6	12:10	2.1	2:08	-1.6	6:51	4:53	
2	Fri	7:26	6.9	9:28	3.8	1:05	2.1	2:52	-1.9	6:51	4:54	
3	Sat	8:14	7.0	10:09	3.9	1:56	1.9	3:34	-1.9	6:52	4:55	
4	Sun	9:01	6.8	10:50	4.0	2:47	1.8	4:16	-1.6	6:52	4:56	
5	Mon	9:46	6.4	11:31	4.1	3:37	1.8	4:56	-1.3	6:52	4:56	
6	Tue	10:31	5.7			4:30	1.8	5:35	-0.7	6:52	4:57	
7	Wed	12:14	4.2	11:18 AM	5.0	5:27	1.9	6:13	-0.1	6:52	4:58	
8	Thu	12:59	4.3	12:08	4.1	6:35	2.0	6:49	0.6	6:52	4:59	
9	Fri	1:46	4.3	1:12	3.3	8:00	2.0	7:25	1.2	6:52	5:00	
10	Sat	2:37	4.4	2:54	2.7	9:42	1.7	8:03	1.8	6:52	5:01	
11	Sun	3:29	4.5	5:22	2.5	11:13	1.2	8:54	2.2	6:52	5:01	
12	Mon	4:20	4.7	7:07	2.7			12:14	0.7	6:52	5:02	
13	Tue	5:08	4.9	7:56	3.0			12:57	0.2	6:51	5:03	
14	Wed	5:51	5.1	8:24	3.2			1:32	-0.2	6:51	5:04	
15	Thu	6:30	5.4	8:47	3.3	12:06	2.6	2:03	-0.5	6:51	5:05	
16	Fri	7:06	5.6	9:09	3.4	12:47	2.5	2:33	-0.8	6:51	5:06	
17	Sat	7:41	5.9	9:32	3.5	1:24	2.3	3:01	-0.9	6:51	5:07	
18	Sun	8:14	6.0	9:57	3.6	1:59	2.1	3:30	-1.0	6:50	5:08	
19	Mon	8:47	6.0	10:23	3.8	2:34	1.9	3:58	-0.9	6:50	5:09	
20	Tue	9:21	5.8	10:52	3.9	3:11	1.8	4:26	-0.8	6:50	5:10	
21	Wed	9:56	5.5	11:22	4.1	3:51	1.7	4:54	-0.5	6:49	5:11	
22	Thu	10:34	4.9	11:55	4.3	4:37	1.7	5:22	-0.1	6:49	5:12	
23	Fri	11:18	4.2			5:34	1.7	5:51	0.4	6:48	5:13	
24	Sat	12:33	4.5	12:15	3.4	6:46	1.6	6:22	1.0	6:48	5:14	
25	Sun	1:19	4.7	1:50	2.7	8:23	1.4	6:57	1.6	6:47	5:14	
26	Mon	2:18	4.9	4:35	2.4	10:12	0.8	7:53	2.1	6:47	5:15	
27	Tue	3:27	5.2	6:36	2.7	11:34	0.1	9:34	2.5	6:46	5:16	
28	Wed	4:37	5.6	7:28	3.1			12:32	-0.7	6:46	5:17	
29	Thu	5:40	6.0	8:04	3.5			1:19	-1.2	6:45	5:18	
30	Fri	6:35	6.3	8:36	3.8	12:17	2.2	2:00	-1.6	6:44	5:19	
31	Sat	7:25	6.6	9:08	4.0	1:12	1.8	2:39	-1.7	6:44	5:20	