

La Jolla, CA - May 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:09	3.6	9:23	5.5	3:55	-0.6	3:07	1.5	6:01	7:30	
2	Sat	10:49	3.4	9:47	5.5	4:29	-0.6	3:29	1.8	6:00	7:31	
3	Sun	11:31	3.2	10:14	5.3	5:04	-0.6	3:51	2.0	5:59	7:32	
4	Mon			12:20	2.9	5:42	-0.4	4:12	2.3	5:58	7:33	
5	Tue			1:23	2.8	6:26	-0.2	4:32	2.5	5:57	7:33	
6	Wed			11:56	4.5	7:19	0.1			5:56	7:34	
7	Thu					8:20	0.3			5:55	7:35	
8	Fri	12:52	4.2	5:43	3.1	9:26	0.4	8:28	3.0	5:54	7:36	
9	Sat	2:17	3.9	5:56	3.5	10:25	0.4	10:41	2.7	5:54	7:36	
10	Sun	3:55	3.7	6:13	3.8	11:13	0.5	11:52	2.1	5:53	7:37	
11	Mon	5:17	3.7	6:34	4.3	11:52	0.5			5:52	7:38	
12	Tue	6:24	3.7	6:58	4.9	12:42	1.4	12:28	0.6	5:51	7:39	
13	Wed	7:22	3.8	7:26	5.5	1:27	0.6	1:02	0.8	5:50	7:39	
14	Thu	8:17	3.8	7:57	6.0	2:10	-0.2	1:37	1.0	5:50	7:40	
15	Fri	9:10	3.8	8:33	6.4	2:55	-0.9	2:13	1.2	5:49	7:41	
16	Sat	10:04	3.7	9:12	6.6	3:40	-1.4	2:52	1.5	5:48	7:41	
17	Sun	11:00	3.6	9:54	6.7	4:28	-1.7	3:33	1.8	5:48	7:42	
18	Mon	11:59	3.5	10:41	6.5	5:19	-1.7	4:18	2.0	5:47	7:43	
19	Tue			1:05	3.4	6:14	-1.5	5:11	2.3	5:47	7:44	
20	Wed			2:17	3.4	7:13	-1.2	6:19	2.5	5:46	7:44	
21	Thu	12:33	5.5	3:29	3.6	8:15	-0.8	7:51	2.6	5:45	7:45	
22	Fri	1:44	4.8	4:32	3.9	9:19	-0.4	9:38	2.4	5:45	7:46	
23	Sat	3:08	4.2	5:22	4.3	10:18	0.0	11:11	2.0	5:44	7:46	
24	Sun	4:37	3.8	6:02	4.7	11:11	0.4			5:44	7:47	
25	Mon	5:57	3.6	6:37	5.0	12:22	1.3	11:56 AM	0.8	5:43	7:48	
26	Tue	7:06	3.5	7:07	5.3	1:17	0.7	12:34	1.2	5:43	7:48	
27	Wed	8:04	3.4	7:35	5.5	2:01	0.2	1:07	1.5	5:43	7:49	
28	Thu	8:54	3.4	8:01	5.6	2:40	-0.2	1:37	1.8	5:42	7:50	
29	Fri	9:38	3.3	8:27	5.7	3:15	-0.5	2:05	2.0	5:42	7:50	
30	Sat	10:19	3.3	8:55	5.7	3:48	-0.6	2:33	2.2	5:42	7:51	
31	Sun	10:57	3.3	9:24	5.7	4:21	-0.7	3:02	2.3	5:41	7:51	