
































## La Jolla, CA - Aug 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:59	4.5	11:17	5.2	5:35	0.0	5:21	1.9	6:03	7:47	
2	Sun			12:29	4.6	6:00	0.4	6:12	1.9	6:03	7:46	
3	Mon			1:03	4.8	6:26	0.9	7:15	1.9	6:04	7:46	
4	Tue	12:49	3.8	1:44	5.0	6:52	1.4	8:39	1.7	6:05	7:45	
5	Wed	2:07	3.1	2:36	5.2	7:22	1.9	10:23	1.3	6:05	7:44	
6	Thu	4:34	2.7	3:43	5.4	8:04	2.4	11:56	0.7	6:06	7:43	
7	Fri	7:04	3.0	4:57	5.8	9:35	2.8			6:07	7:42	
8	Sat	8:01	3.4	6:06	6.2	1:00	0.0	11:25 AM	2.9	6:07	7:41	
9	Sun	8:37	3.7	7:05	6.6	1:50	-0.6	12:43	2.6	6:08	7:40	
10	Mon	9:09	4.1	7:58	6.9	2:33	-1.0	1:42	2.3	6:09	7:39	
11	Tue	9:40	4.4	8:46	7.0	3:13	-1.2	2:34	1.9	6:09	7:38	
12	Wed	10:12	4.6	9:32	6.8	3:50	-1.2	3:22	1.5	6:10	7:37	
13	Thu	10:45	4.9	10:15	6.4	4:25	-0.9	4:09	1.3	6:11	7:36	
14	Fri	11:17	5.1	10:58	5.8	4:58	-0.5	4:57	1.2	6:11	7:35	
15	Sat	11:51	5.2	11:42	5.0	5:29	0.1	5:46	1.2	6:12	7:34	
16	Sun			12:24	5.2	5:58	0.7	6:41	1.4	6:13	7:33	
17	Mon	12:30	4.2	1:00	5.1	6:24	1.4	7:46	1.5	6:13	7:32	
18	Tue	1:29	3.4	1:41	4.9	6:47	2.0	9:12	1.6	6:14	7:31	
19	Wed	3:15	2.9	2:34	4.8	6:59	2.6	11:00	1.4	6:15	7:29	
20	Thu			3:49	4.7					6:15	7:28	
21	Fri			5:12	4.8	12:23	1.0			6:16	7:27	
22	Sat	8:37	3.6	6:15	5.1	1:14	0.6	12:05	3.2	6:17	7:26	
23	Sun	8:47	3.8	7:02	5.4	1:52	0.3	12:57	3.0	6:17	7:25	
24	Mon	9:01	3.9	7:40	5.7	2:23	0.1	1:35	2.6	6:18	7:23	
25	Tue	9:16	4.1	8:15	5.9	2:49	-0.1	2:07	2.3	6:19	7:22	
26	Wed	9:34	4.3	8:47	6.0	3:14	-0.2	2:40	1.9	6:19	7:21	
27	Thu	9:54	4.5	9:20	6.0	3:38	-0.2	3:13	1.6	6:20	7:20	
28	Fri	10:15	4.8	9:53	5.7	4:02	-0.1	3:49	1.4	6:21	7:19	
29	Sat	10:39	5.0	10:29	5.4	4:25	0.1	4:27	1.2	6:21	7:17	
30	Sun	11:05	5.2	11:09	4.8	4:49	0.5	5:10	1.1	6:22	7:16	
31	Mon	11:34	5.4	11:55	4.2	5:13	0.9	6:00	1.0	6:23	7:15	