

































## La Jolla, CA - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:57	6.1	7:24	3.7			1:07	-0.6	6:51	4:53	
2	Mon	6:42	6.4	8:13	3.9	12:20	1.5	1:51	-1.1	6:51	4:54	
3	Tue	7:25	6.6	8:57	4.1	1:09	1.5	2:33	-1.3	6:51	4:55	
4	Wed	8:07	6.6	9:39	4.2	1:55	1.5	3:13	-1.4	6:52	4:56	
5	Thu	8:48	6.4	10:19	4.2	2:39	1.5	3:51	-1.2	6:52	4:56	
6	Fri	9:28	6.0	11:00	4.2	3:23	1.6	4:29	-0.9	6:52	4:57	
7	Sat	10:07	5.6	11:42	4.1	4:07	1.7	5:06	-0.5	6:52	4:58	
8	Sun	10:47	5.0			4:54	1.9	5:43	-0.1	6:52	4:59	
9	Mon	12:25	4.1	11:28 AM	4.4	5:47	2.1	6:20	0.4	6:52	5:00	
10	Tue	1:13	4.0	12:17	3.7	6:54	2.2	6:59	0.9	6:52	5:01	
11	Wed	2:07	4.0	1:25	3.1	8:25	2.2	7:43	1.4	6:52	5:02	
12	Thu	3:04	4.2	3:13	2.7	10:07	1.9	8:39	1.8	6:52	5:02	
13	Fri	4:00	4.3	5:08	2.7	11:23	1.4	9:44	2.0	6:51	5:03	
14	Sat	4:48	4.6	6:23	2.9			12:13	0.9	6:51	5:04	
15	Sun	5:30	4.9	7:09	3.1			12:51	0.4	6:51	5:05	
16	Mon	6:07	5.2	7:45	3.3			1:24	-0.1	6:51	5:06	
17	Tue	6:43	5.5	8:16	3.5	12:20	2.0	1:55	-0.5	6:50	5:07	
18	Wed	7:18	5.8	8:47	3.7	1:00	1.8	2:26	-0.8	6:50	5:08	
19	Thu	7:53	6.0	9:18	3.9	1:38	1.7	2:58	-1.0	6:50	5:09	
20	Fri	8:29	6.1	9:51	4.1	2:16	1.5	3:30	-1.1	6:50	5:10	
21	Sat	9:06	6.0	10:26	4.2	2:56	1.4	4:04	-1.0	6:49	5:11	
22	Sun	9:46	5.8	11:04	4.3	3:39	1.4	4:40	-0.8	6:49	5:12	
23	Mon	10:29	5.3	11:46	4.4	4:28	1.4	5:17	-0.4	6:48	5:13	
24	Tue	11:18	4.7			5:25	1.4	5:57	0.1	6:48	5:14	
25	Wed	12:35	4.5	12:19	3.9	6:35	1.5	6:43	0.6	6:47	5:15	
26	Thu	1:31	4.7	1:44	3.3	8:05	1.4	7:38	1.1	6:47	5:15	
27	Fri	2:36	4.8	3:40	2.9	9:46	1.0	8:49	1.6	6:46	5:16	
28	Sat	3:44	5.1	5:26	3.0	11:10	0.4	10:09	1.8	6:46	5:17	
29	Sun	4:49	5.4	6:37	3.3			12:12	-0.2	6:45	5:18	
30	Mon	5:45	5.7	7:28	3.7			1:01	-0.7	6:44	5:19	
31	Tue	6:35	6.0	8:08	3.9	12:19	1.7	1:43	-1.0	6:44	5:20	