US HARBORS www.USHarbors.com

La Jolla, CA - Mar 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:43	4.2	5:22	2.9	10:28	0.8	9:31	2.4	6:15	5:46	
2	Mon	4:04	4.2	6:31	3.1	11:39	0.4	11:03	2.3	6:14	5:47	
3	Tue	5:10	4.4	7:08	3.4			12:27	0.1	6:13	5:47	
4	Wed	6:00	4.6	7:34	3.6	12:00	2.1	1:03	-0.1	6:12	5:48	
5	Thu	6:40	4.8	7:57	3.8	12:39	1.8	1:34	-0.3	6:11	5:49	
6	Fri	7:14	5.0	8:17	4.0	1:12	1.5	2:00	-0.3	6:09	5:50	
7	Sat	7:46	5.1	8:39	4.2	1:42	1.2	2:25	-0.4	6:08	5:51	
8	Sun	9:16	5.2	10:01	4.3	3:11	1.0	3:50	-0.3	7:07	6:51	
9	Mon	9:47	5.1	10:24	4.5	3:42	0.8	4:14	-0.2	7:06	6:52	
10	Tue	10:18	4.9	10:49	4.6	4:14	0.6	4:38	0.0	7:04	6:53	
11	Wed	10:52	4.5	11:17	4.6	4:48	0.6	5:03	0.3	7:03	6:54	
12	Thu	11:29	4.1	11:47	4.6	5:27	0.6	5:29	0.7	7:02	6:54	
13	Fri			12:12	3.6	6:12	0.6	5:57	1.1	7:00	6:55	
14	Sat	12:23	4.6	1:10	3.1	7:09	0.7	6:29	1.5	6:59	6:56	
15	Sun	1:08	4.5	2:45	2.7	8:26	0.8	7:15	2.0	6:58	6:57	
16	Mon	2:12	4.4	5:06	2.7	10:04	0.6	8:49	2.3	6:57	6:57	
17	Tue	3:39	4.4	6:32	3.1	11:31	0.2	10:49	2.3	6:55	6:58	
18	Wed	5:06	4.7	7:17	3.5			12:34	-0.3	6:54	6:59	
19	Thu	6:16	5.1	7:53	4.0	12:11	1.9	1:22	-0.7	6:53	7:00	
20	Fri	7:14	5.4	8:27	4.4	1:10	1.3	2:04	-0.9	6:51	7:00	
21	Sat	8:05	5.7	9:01	4.8	2:00	0.8	2:43	-1.0	6:50	7:01	
22	Sun	8:52	5.7	9:34	5.1	2:47	0.2	3:20	-0.9	6:49	7:02	
23	Mon	9:38	5.6	10:08	5.3	3:32	-0.2	3:55	-0.7	6:47	7:02	
24	Tue	10:23	5.2	10:43	5.4	4:16	-0.4	4:30	-0.3	6:46	7:03	
25	Wed	11:09	4.7	11:18	5.3	5:02	-0.4	5:04	0.3	6:45	7:04	
26	Thu	11:57	4.1	11:55	5.0	5:49	-0.2	5:38	0.8	6:43	7:05	
27	Fri			12:52	3.5	6:41	0.0	6:12	1.4	6:42	7:05	
28	Sat	12:34	4.7	2:05	3.0	7:42	0.4	6:51	2.0	6:41	7:06	
29	Sun	1:22	4.3	4:00	2.8	8:59	0.6	7:51	2.4	6:39	7:07	
30	Mon	2:29	3.9	6:06	3.0	10:31	0.7	10:01	2.7	6:38	7:07	
31	Tue	4:03	3.8	7:01	3.3	11:47	0.5	11:49	2.5	6:37	7:08	