US HARBORS www.USHarbors.com

La Jolla, CA - Jul 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:26	3.3	6:54	5.7	1:23	0.7	12:20	1.8	5:44	8:01	
2	Thu	8:17	3.6	7:33	6.2	2:04	0.1	1:07	1.8	5:45	8:01	
3	Fri	9:04	3.8	8:14	6.5	2:44	-0.5	1:52	1.8	5:45	8:01	
4	Sat	9:48	4.0	8:56	6.8	3:25	-1.0	2:38	1.8	5:46	8:01	
5	Sun	10:33	4.2	9:40	6.8	4:06	-1.3	3:25	1.7	5:46	8:01	
6	Mon	11:18	4.3	10:26	6.7	4:49	-1.3	4:15	1.8	5:47	8:00	
7	Tue			12:06	4.4	5:34	-1.2	5:08	1.8	5:47	8:00	
8	Wed			12:56	4.5	6:20	-0.9	6:09	1.9	5:48	8:00	
9	Thu	12:08	5.7	1:51	4.6	7:08	-0.5	7:20	2.0	5:48	8:00	
10	Fri	1:08	5.0	2:49	4.8	7:58	0.1	8:45	2.0	5:49	7:59	
11	Sat	2:21	4.3	3:50	5.0	8:53	0.7	10:19	1.7	5:49	7:59	
12	Sun	3:52	3.7	4:49	5.2	9:53	1.2	11:44	1.2	5:50	7:59	
13	Mon	5:31	3.4	5:44	5.5	10:55	1.6			5:50	7:59	
14	Tue	6:56	3.5	6:32	5.7	12:51	0.7	11:55 AM	1.9	5:51	7:58	
15	Wed	8:01	3.6	7:15	5.9	1:44	0.2	12:48	2.1	5:52	7:58	
16	Thu	8:50	3.8	7:54	6.0	2:27	-0.2	1:34	2.1	5:52	7:57	
17	Fri	9:30	3.9	8:29	6.0	3:04	-0.4	2:13	2.2	5:53	7:57	
18	Sat	10:03	4.0	9:02	6.0	3:38	-0.4	2:49	2.2	5:53	7:56	
19	Sun	10:34	4.0	9:33	5.9	4:09	-0.4	3:23	2.1	5:54	7:56	
20	Mon	11:04	4.0	10:04	5.8	4:39	-0.4	3:56	2.1	5:55	7:55	
21	Tue	11:34	4.1	10:36	5.6	5:08	-0.2	4:31	2.2	5:55	7:55	
22	Wed			12:06	4.1	5:38	0.0	5:08	2.2	5:56	7:54	
23	Thu			12:40	4.1	6:08	0.3	5:49	2.3	5:57	7:54	
24	Fri			1:17	4.2	6:39	0.6	6:40	2.4	5:57	7:53	
25	Sat	12:21	4.3	2:00	4.2	7:12	1.0	7:46	2.5	5:58	7:52	
26	Sun	1:11	3.8	2:48	4.4	7:48	1.4	9:16	2.4	5:59	7:52	
27	Mon	2:26	3.3	3:43	4.6	8:33	1.8	10:54	2.0	5:59	7:51	
28	Tue	4:22	3.0	4:40	4.9	9:32	2.1			6:00	7:50	
29	Wed	6:09	3.1	5:34	5.3	12:07	1.4	10:43 AM	2.3	6:01	7:49	
30	Thu	7:18	3.4	6:24	5.8	1:00	0.7	11:50 AM	2.3	6:01	7:49	
31	Fri	8:07	3.7	7:12	6.3	1:44	0.1	12:48	2.1	6:02	7:48	