


















La Jolla, CA - Jan 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:24	5.7	6:42	3.4			12:30	-0.1	6:51	4:54	
2	Tue	6:06	6.2	7:42	3.6			1:18	-0.9	6:51	4:54	
3	Wed	6:48	6.6	8:30	3.8	12:24	1.7	2:06	-1.4	6:51	4:55	
4	Thu	7:36	6.8	9:18	3.9	1:12	1.7	2:48	-1.7	6:52	4:56	
5	Fri	8:18	6.9	10:06	4.0	2:00	1.7	3:36	-1.8	6:52	4:57	
6	Sat	9:06	6.7	10:48	4.0	2:48	1.8	4:18	-1.6	6:52	4:58	
7	Sun	9:48	6.3	11:36	4.0	3:36	1.8	5:00	-1.3	6:52	4:58	
8	Mon	10:36	5.7			4:30	2.0	5:48	-0.8	6:52	4:59	
9	Tue	12:24	4.0	11:24 AM	5.0	5:30	2.1	6:30	-0.2	6:52	5:00	
10	Wed	1:18	4.1	12:18	4.2	6:36	2.2	7:12	0.4	6:52	5:01	
11	Thu	2:12	4.1	1:24	3.5	8:06	2.2	8:00	1.0	6:52	5:02	
12	Fri	3:12	4.3	3:00	3.0	9:48	1.9	8:54	1.5	6:51	5:03	
13	Sat	4:00	4.4	4:54	2.8	11:18	1.4	9:54	1.8	6:51	5:04	
14	Sun	4:48	4.7	6:24	2.9			12:12	0.9	6:51	5:05	
15	Mon	5:24	4.9	7:18	3.1			12:54	0.4	6:51	5:05	
16	Tue	6:00	5.2	8:00	3.2			1:30	0.0	6:51	5:06	
17	Wed	6:36	5.4	8:30	3.4	12:18	2.2	2:00	-0.4	6:50	5:07	
18	Thu	7:12	5.6	9:00	3.5	12:54	2.2	2:30	-0.6	6:50	5:08	
19	Fri	7:42	5.8	9:30	3.6	1:30	2.1	3:00	-0.8	6:50	5:09	
20	Sat	8:18	5.9	10:00	3.6	2:06	2.0	3:30	-0.9	6:49	5:10	
21	Sun	8:48	5.9	10:30	3.7	2:36	1.9	4:00	-0.9	6:49	5:11	
22	Mon	9:24	5.8	11:00	3.8	3:12	1.9	4:30	-0.8	6:48	5:12	
23	Tue	10:00	5.6	11:36	3.9	3:54	1.9	5:06	-0.5	6:48	5:13	
24	Wed	10:42	5.1			4:42	1.9	5:36	-0.2	6:48	5:14	
25	Thu	12:18	4.0	11:24 AM	4.5	5:36	1.9	6:12	0.3	6:47	5:15	
26	Fri	1:00	4.1	12:24	3.8	6:54	1.9	6:54	0.8	6:46	5:16	
27	Sat	1:54	4.4	1:54	3.1	8:30	1.6	7:48	1.3	6:46	5:17	
28	Sun	2:54	4.7	4:00	2.8	10:12	1.1	8:54	1.7	6:45	5:18	
29	Mon	3:54	5.1	5:48	2.9	11:30	0.3	10:12	2.0	6:45	5:19	
30	Tue	4:54	5.5	7:00	3.2			12:30	-0.5	6:44	5:20	
31	Wed	5:54	5.9	7:48	3.6			1:18	-1.1	6:43	5:21	