






















La Jolla, CA - Jan 2069

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:32	5.1	4:33	3.0	10:42	0.9	9:39	1.5	6:51	4:54	
2	Wed	4:30	5.5	6:01	3.2	11:50	0.2	10:46	1.7	6:51	4:54	
3	Thu	5:23	5.8	7:05	3.5			12:43	-0.4	6:51	4:55	
4	Fri	6:12	6.2	7:55	3.7			1:29	-0.9	6:52	4:56	
5	Sat	6:58	6.4	8:37	3.9	12:39	1.7	2:10	-1.2	6:52	4:57	
6	Sun	7:40	6.4	9:15	4.0	1:27	1.7	2:48	-1.3	6:52	4:58	
7	Mon	8:20	6.3	9:51	4.1	2:10	1.6	3:24	-1.2	6:52	4:58	
8	Tue	8:58	6.1	10:26	4.2	2:52	1.6	3:59	-1.0	6:52	4:59	
9	Wed	9:35	5.7	11:01	4.2	3:33	1.6	4:31	-0.6	6:52	5:00	
10	Thu	10:11	5.2	11:37	4.1	4:14	1.7	5:03	-0.2	6:52	5:01	
11	Fri	10:47	4.7			4:58	1.9	5:34	0.2	6:51	5:02	
12	Sat	12:14	4.1	11:26 AM	4.0	5:50	2.0	6:04	0.7	6:51	5:03	
13	Sun	12:56	4.1	12:12	3.4	6:55	2.1	6:36	1.2	6:51	5:04	
14	Mon	1:44	4.1	1:22	2.8	8:27	2.0	7:12	1.6	6:51	5:05	
15	Tue	2:41	4.2	3:30	2.5	10:14	1.7	8:03	2.0	6:51	5:06	
16	Wed	3:41	4.4	5:39	2.6	11:29	1.2	9:20	2.2	6:51	5:06	
17	Thu	4:36	4.6	6:43	2.8			12:16	0.7	6:50	5:07	
18	Fri	5:23	5.0	7:21	3.1			12:53	0.2	6:50	5:08	
19	Sat	6:05	5.4	7:51	3.4			1:26	-0.3	6:50	5:09	
20	Sun	6:44	5.7	8:20	3.6	12:22	2.0	1:57	-0.7	6:49	5:10	
21	Mon	7:22	6.0	8:50	3.9	1:04	1.8	2:29	-1.0	6:49	5:11	
22	Tue	8:00	6.2	9:21	4.1	1:46	1.5	3:02	-1.2	6:48	5:12	
23	Wed	8:39	6.2	9:54	4.3	2:27	1.3	3:35	-1.2	6:48	5:13	
24	Thu	9:20	6.0	10:30	4.5	3:11	1.1	4:10	-1.0	6:47	5:14	
25	Fri	10:03	5.6	11:09	4.7	3:59	1.1	4:46	-0.7	6:47	5:15	
26	Sat	10:51	5.0	11:53	4.8	4:53	1.1	5:23	-0.2	6:46	5:16	
27	Sun	11:46	4.2			5:55	1.1	6:04	0.4	6:46	5:17	
28	Mon	12:43	4.9	12:57	3.4	7:14	1.1	6:50	1.0	6:45	5:18	
29	Tue	1:43	4.9	2:44	2.9	8:51	1.0	7:51	1.6	6:45	5:19	
30	Wed	2:53	5.0	4:50	2.8	10:29	0.6	9:14	2.0	6:44	5:20	
31	Thu	4:06	5.2	6:16	3.1	11:43	0.0	10:41	2.1	6:43	5:21	