US HARBORS www.USHarbors.com

La Jolla, CA - Jan 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:28	4.3	11:37 AM	4.6	5:53	2.0	6:28	0.2	6:51	4:53	
2	Thu	1:21	4.3	12:33	3.9	7:07	2.1	7:13	0.8	6:51	4:54	
3	Fri	2:18	4.3	1:49	3.2	8:39	2.0	8:02	1.3	6:51	4:55	
4	Sat	3:16	4.4	3:35	2.8	10:16	1.7	8:59	1.7	6:52	4:56	
5	Sun	4:11	4.6	5:20	2.8	11:29	1.2	10:02	2.0	6:52	4:57	
6	Mon	4:58	4.8	6:32	3.0			12:20	0.8	6:52	4:57	
7	Tue	5:39	5.0	7:19	3.2			12:58	0.3	6:52	4:58	
8	Wed	6:15	5.3	7:54	3.3			1:31	-0.1	6:52	4:59	
9	Thu	6:48	5.5	8:24	3.5	12:27	2.1	2:01	-0.4	6:52	5:00	
10	Fri	7:21	5.7	8:53	3.6	1:03	2.0	2:31	-0.6	6:52	5:01	
11	Sat	7:53	5.9	9:21	3.8	1:38	1.8	3:00	-0.7	6:52	5:02	
12	Sun	8:26	5.9	9:51	3.9	2:13	1.7	3:30	-0.8	6:51	5:03	
13	Mon	8:59	5.8	10:23	4.0	2:49	1.7	4:00	-0.8	6:51	5:03	
14	Tue	9:34	5.6	10:57	4.1	3:27	1.6	4:32	-0.6	6:51	5:04	
15	Wed	10:11	5.3	11:35	4.2	4:10	1.7	5:05	-0.3	6:51	5:05	
16	Thu	10:54	4.7			5:00	1.7	5:40	0.1	6:51	5:06	
17	Fri	12:17	4.3	11:45 AM	4.1	6:02	1.7	6:20	0.5	6:50	5:07	
18	Sat	1:07	4.5	12:54	3.4	7:24	1.7	7:07	1.0	6:50	5:08	
19	Sun	2:06	4.7	2:40	2.9	9:04	1.4	8:07	1.5	6:50	5:09	
20	Mon	3:12	4.9	4:40	2.8	10:37	0.8	9:24	1.8	6:49	5:10	
21	Tue	4:17	5.3	6:06	3.1	11:46	0.1	10:41	1.8	6:49	5:11	
22	Wed	5:17	5.7	7:04	3.5			12:39	-0.5	6:48	5:12	
23	Thu	6:10	6.1	7:49	3.8			1:24	-1.0	6:48	5:13	
24	Fri	6:59	6.4	8:29	4.1	12:43	1.5	2:06	-1.3	6:48	5:14	
25	Sat	7:44	6.5	9:07	4.3	1:33	1.3	2:44	-1.4	6:47	5:15	
26	Sun	8:27	6.4	9:43	4.5	2:19	1.1	3:21	-1.3	6:47	5:16	
27	Mon	9:09	6.1	10:19	4.5	3:03	1.1	3:57	-1.1	6:46	5:17	
28	Tue	9:49	5.6	10:55	4.5	3:47	1.1	4:31	-0.6	6:45	5:18	
29	Wed	10:28	5.0	11:32	4.5	4:32	1.2	5:03	-0.1	6:45	5:18	
30	Thu	11:09	4.4			5:21	1.4	5:35	0.4	6:44	5:19	
31	Fri	12:11	4.4	11:54 AM	3.7	6:17	1.5	6:07	1.0	6:43	5:20	