

Long Beach, Inner Harbor, CA - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			1:26	4.2	6:44	-0.3	6:44	2.1	5:45	8:07	
2	Fri	12:30	4.8	2:14	4.4	7:25	0.1	7:58	2.0	5:46	8:07	
3	Sat	1:31	4.2	3:06	4.6	8:10	0.5	9:25	1.8	5:46	8:07	
4	Sun	2:49	3.6	4:02	5.0	9:01	1.0	10:56	1.3	5:47	8:07	
5	Mon	4:29	3.2	4:59	5.3	10:00	1.4			5:47	8:07	
6	Tue	6:08	3.1	5:55	5.7	12:13	0.7	11:06 AM	1.7	5:48	8:06	
7	Wed	7:26	3.3	6:47	6.0	1:14	0.0	12:11	1.8	5:48	8:06	
8	Thu	8:26	3.6	7:36	6.3	2:06	-0.5	1:10	1.8	5:49	8:06	
9	Fri	9:15	3.8	8:23	6.5	2:52	-0.9	2:04	1.8	5:49	8:06	
10	Sat	9:59	4.0	9:07	6.5	3:35	-1.2	2:53	1.7	5:50	8:05	
11	Sun	10:39	4.2	9:50	6.3	4:15	-1.2	3:40	1.7	5:51	8:05	
12	Mon	11:18	4.3	10:31	6.0	4:53	-1.0	4:25	1.7	5:51	8:05	
13	Tue	11:56	4.3	11:11	5.6	5:30	-0.8	5:10	1.8	5:52	8:04	
14	Wed			12:35	4.3	6:06	-0.4	5:57	1.9	5:52	8:04	
15	Thu			1:14	4.3	6:41	0.1	6:49	2.0	5:53	8:04	
16	Fri	12:33	4.4	1:56	4.3	7:15	0.6	7:51	2.1	5:54	8:03	
17	Sat	1:21	3.8	2:42	4.3	7:50	1.1	9:11	2.1	5:54	8:03	
18	Sun	2:26	3.2	3:34	4.4	8:29	1.6	10:47	1.9	5:55	8:02	
19	Mon	4:09	2.8	4:29	4.5	9:16	2.0			5:56	8:02	
20	Tue	6:12	2.8	5:24	4.7	12:10	1.5	10:20 AM	2.3	5:56	8:01	
21	Wed	7:32	2.9	6:12	5.0	1:07	1.0	11:29 AM	2.4	5:57	8:01	
22	Thu	8:19	3.2	6:56	5.3	1:48	0.6	12:28	2.4	5:58	8:00	
23	Fri	8:52	3.4	7:35	5.6	2:23	0.2	1:17	2.3	5:58	7:59	
24	Sat	9:22	3.6	8:13	5.9	2:55	-0.2	1:59	2.2	5:59	7:59	
25	Sun	9:50	3.8	8:50	6.1	3:26	-0.4	2:39	2.0	6:00	7:58	
26	Mon	10:20	4.1	9:28	6.1	3:57	-0.6	3:20	1.8	6:00	7:57	
27	Tue	10:51	4.3	10:07	6.1	4:29	-0.7	4:02	1.6	6:01	7:57	
28	Wed	11:24	4.5	10:49	5.8	5:01	-0.6	4:47	1.5	6:02	7:56	
29	Thu			12:00	4.7	5:35	-0.4	5:37	1.4	6:02	7:55	
30	Fri			12:40	4.8	6:11	0.0	6:34	1.4	6:03	7:54	
31	Sat	12:24	4.7	1:25	5.0	6:49	0.5	7:43	1.4	6:04	7:53	