

Long Beach, Inner Harbor, CA - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:26	4.0	2:18	5.1	7:31	1.0	9:06	1.3	6:04	7:53	
2	Mon	2:49	3.4	3:20	5.2	8:23	1.5	10:39	1.0	6:05	7:52	
3	Tue	4:39	3.1	4:29	5.4	9:30	2.0			6:06	7:51	
4	Wed	6:23	3.2	5:37	5.6	12:02	0.5	10:53 AM	2.2	6:07	7:50	
5	Thu	7:34	3.5	6:38	5.9	1:06	0.0	12:11	2.2	6:07	7:49	
6	Fri	8:24	3.8	7:31	6.1	1:57	-0.4	1:14	2.0	6:08	7:48	
7	Sat	9:04	4.1	8:17	6.2	2:40	-0.6	2:06	1.8	6:09	7:47	
8	Sun	9:39	4.3	9:00	6.2	3:18	-0.7	2:51	1.6	6:10	7:46	
9	Mon	10:11	4.5	9:39	6.0	3:53	-0.7	3:33	1.5	6:10	7:45	
10	Tue	10:43	4.6	10:16	5.7	4:26	-0.5	4:12	1.4	6:11	7:44	
11	Wed	11:13	4.7	10:52	5.3	4:56	-0.2	4:51	1.4	6:12	7:43	
12	Thu	11:43	4.7	11:28	4.8	5:25	0.2	5:31	1.4	6:12	7:42	
13	Fri			12:13	4.7	5:53	0.6	6:14	1.5	6:13	7:41	
14	Sat	12:05	4.3	12:46	4.6	6:20	1.1	7:03	1.7	6:14	7:40	
15	Sun	12:48	3.7	1:23	4.5	6:47	1.6	8:06	1.8	6:15	7:39	
16	Mon	1:46	3.2	2:09	4.4	7:16	2.0	9:35	1.8	6:15	7:38	
17	Tue	3:30	2.8	3:12	4.4	7:53	2.4	11:17	1.6	6:16	7:37	
18	Wed	6:10	2.8	4:26	4.5	9:10	2.7			6:17	7:35	
19	Thu	7:24	3.1	5:33	4.7	12:28	1.2	10:59 AM	2.8	6:17	7:34	
20	Fri	7:56	3.4	6:27	5.1	1:14	0.8	12:12	2.6	6:18	7:33	
21	Sat	8:22	3.7	7:12	5.4	1:50	0.4	1:03	2.4	6:19	7:32	
22	Sun	8:46	4.0	7:54	5.8	2:21	0.0	1:46	2.0	6:19	7:31	
23	Mon	9:11	4.3	8:34	6.0	2:52	-0.3	2:27	1.6	6:20	7:29	
24	Tue	9:39	4.6	9:14	6.1	3:23	-0.4	3:08	1.2	6:21	7:28	
25	Wed	10:09	4.9	9:56	6.0	3:54	-0.4	3:51	0.9	6:22	7:27	
26	Thu	10:41	5.2	10:40	5.6	4:27	-0.3	4:37	0.7	6:22	7:26	
27	Fri	11:17	5.4	11:28	5.1	5:01	0.1	5:26	0.6	6:23	7:24	
28	Sat	11:57	5.5			5:36	0.5	6:22	0.6	6:24	7:23	
29	Sun	12:22	4.5	12:42	5.5	6:15	1.0	7:28	0.7	6:24	7:22	
30	Mon	1:29	3.9	1:36	5.4	6:59	1.6	8:49	0.8	6:25	7:21	
31	Tue	3:01	3.4	2:44	5.3	7:56	2.1	10:21	0.7	6:26	7:19	