

Long Beach, Inner Harbor, CA - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:58	4.9	6:00	4.3			12:13	1.4	6:12	5:00	
2	Tue	6:29	5.2	6:49	4.3	12:04	0.9	12:55	1.0	6:13	4:59	
3	Wed	6:55	5.4	7:31	4.2	12:37	1.1	1:30	0.6	6:14	4:58	
4	Thu	7:20	5.5	8:09	4.2	1:06	1.3	2:02	0.3	6:15	4:57	
5	Fri	7:43	5.6	8:44	4.1	1:32	1.5	2:33	0.1	6:16	4:56	
6	Sat	8:08	5.7	9:19	4.0	1:58	1.7	3:03	0.0	6:17	4:56	
7	Sun	8:33	5.7	9:56	3.8	2:23	1.9	3:35	-0.1	6:17	4:55	
8	Mon	9:00	5.6	10:36	3.7	2:49	2.1	4:09	0.0	6:18	4:54	
9	Tue	9:29	5.5	11:23	3.5	3:17	2.3	4:47	0.1	6:19	4:53	
10	Wed	10:01	5.3			3:46	2.5	5:29	0.3	6:20	4:52	
11	Thu	12:19	3.4	10:38 AM	5.0	4:22	2.7	6:17	0.5	6:21	4:52	
12	Fri	1:30	3.4	11:24 AM	4.7	5:14	3.0	7:13	0.6	6:22	4:51	
13	Sat	2:46	3.5	12:29	4.3	6:46	3.1	8:14	0.7	6:23	4:50	
14	Sun	3:43	3.8	1:58	4.0	8:45	2.9	9:14	0.8	6:24	4:50	
15	Mon	4:24	4.2	3:32	3.9	10:14	2.4	10:08	0.9	6:25	4:49	
16	Tue	4:59	4.7	4:52	4.0	11:16	1.7	10:57	0.9	6:26	4:49	
17	Wed	5:34	5.3	5:57	4.1			12:07	0.8	6:27	4:48	
18	Thu	6:09	5.8	6:55	4.3			12:54	0.1	6:28	4:48	
19	Fri	6:47	6.3	7:48	4.4	12:24	1.1	1:39	-0.6	6:29	4:47	
20	Sat	7:26	6.7	8:40	4.4	1:06	1.2	2:25	-1.1	6:30	4:47	
21	Sun	8:07	6.9	9:31	4.3	1:49	1.3	3:11	-1.4	6:30	4:46	
22	Mon	8:50	6.9	10:24	4.2	2:34	1.5	3:59	-1.4	6:31	4:46	
23	Tue	9:35	6.6	11:20	4.1	3:20	1.8	4:48	-1.2	6:32	4:46	
24	Wed	10:23	6.2			4:11	2.0	5:40	-0.8	6:33	4:45	
25	Thu	12:21	4.0	11:15 AM	5.5	5:10	2.3	6:36	-0.4	6:34	4:45	
26	Fri	1:28	4.0	12:15	4.9	6:24	2.5	7:34	0.1	6:35	4:45	
27	Sat	2:37	4.2	1:30	4.2	7:59	2.6	8:35	0.5	6:36	4:44	
28	Sun	3:40	4.4	3:00	3.8	9:41	2.3	9:35	0.9	6:37	4:44	
29	Mon	4:32	4.6	4:29	3.5	11:01	1.8	10:28	1.2	6:38	4:44	
30	Tue	5:13	4.9	5:42	3.5	11:58	1.3	11:14	1.5	6:39	4:44	