

Long Beach, Inner Harbor, CA - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:34	3.5	7:43	5.6	2:18	0.1	1:21	1.9	5:45	8:07	
2	Sun	9:19	3.6	8:17	5.7	2:57	-0.2	2:01	2.0	5:46	8:07	
3	Mon	9:56	3.6	8:49	5.7	3:31	-0.3	2:37	2.0	5:46	8:07	
4	Tue	10:29	3.7	9:20	5.7	4:02	-0.4	3:11	2.1	5:47	8:07	
5	Wed	11:00	3.7	9:52	5.6	4:32	-0.4	3:45	2.1	5:47	8:07	
6	Thu	11:32	3.8	10:23	5.5	5:02	-0.4	4:19	2.1	5:48	8:06	
7	Fri			12:05	3.8	5:32	-0.3	4:55	2.2	5:48	8:06	
8	Sat			12:40	3.8	6:03	-0.1	5:35	2.3	5:49	8:06	
9	Sun			1:18	3.9	6:35	0.2	6:22	2.4	5:49	8:06	
10	Mon	12:07	4.6	1:59	4.0	7:08	0.4	7:21	2.4	5:50	8:06	
11	Tue	12:52	4.1	2:44	4.1	7:45	0.8	8:38	2.3	5:50	8:05	
12	Wed	1:52	3.6	3:34	4.3	8:26	1.1	10:10	2.1	5:51	8:05	
13	Thu	3:18	3.2	4:27	4.6	9:17	1.5	11:33	1.5	5:51	8:05	
14	Fri	5:03	3.0	5:19	5.0	10:18	1.7			5:52	8:04	
15	Sat	6:33	3.1	6:10	5.5	12:37	0.9	11:23 AM	1.9	5:53	8:04	
16	Sun	7:40	3.4	6:59	6.0	1:28	0.2	12:25	1.9	5:53	8:03	
17	Mon	8:32	3.7	7:46	6.4	2:15	-0.5	1:22	1.8	5:54	8:03	
18	Tue	9:19	4.0	8:34	6.7	2:59	-1.0	2:15	1.6	5:55	8:02	
19	Wed	10:02	4.3	9:21	6.8	3:42	-1.3	3:06	1.5	5:55	8:02	
20	Thu	10:46	4.5	10:08	6.7	4:24	-1.4	3:57	1.4	5:56	8:01	
21	Fri	11:30	4.7	10:56	6.3	5:07	-1.3	4:49	1.3	5:57	8:01	
22	Sat			12:15	4.8	5:50	-1.0	5:44	1.4	5:57	8:00	
23	Sun			1:03	4.8	6:34	-0.5	6:45	1.5	5:58	8:00	
24	Mon	12:40	5.0	1:54	4.8	7:18	0.1	7:56	1.6	5:59	7:59	
25	Tue	1:42	4.3	2:50	4.8	8:06	0.7	9:20	1.6	5:59	7:58	
26	Wed	3:00	3.6	3:50	4.9	8:59	1.3	10:53	1.4	6:00	7:58	
27	Thu	4:42	3.2	4:53	4.9	10:02	1.8			6:01	7:57	
28	Fri	6:25	3.2	5:51	5.1	12:15	1.0	11:11 AM	2.1	6:01	7:56	
29	Sat	7:39	3.3	6:41	5.2	1:16	0.6	12:15	2.3	6:02	7:55	
30	Sun	8:29	3.5	7:23	5.4	2:02	0.3	1:08	2.3	6:03	7:55	
31	Mon	9:06	3.7	8:00	5.5	2:39	0.1	1:50	2.2	6:03	7:54	